

Canyonlands Wilderness Canoe Trip ~ New Trier Summer School Course July 8-20, 2019



Course Description: On this 13-day course, students will study the ecology, geology, and history of the Canyonlands of Utah while completing a 120-mile canoe trip. This wilderness experience will allow each student to develop a knowledge and appreciation of their environs while developing skills necessary for successful individual and small-group travel in a rugged wilderness region. Additionally, the trip includes two days of hiking in scenic Arches National Park.

Eligible students: All rising Soph, Jr, and Sr students of NTHS. No wilderness experience necessary. **Trip is limited to 12.**

Instructors: Co-leaders: David Goodspeed (NT retired Science teacher) and Elizabeth Plank (current Social Studies teacher). We are both experienced (20+years) teachers, advisers and coaches. There will be a third adult guide. The 2019 trip will be our 11th NT summer school wilderness trip.

Timeline for Applicants:

- 1/31/19** *Completed applications due to Elizabeth Plank (Social Studies Office-Rm. 300. Winnetka campus) by this date (or as soon as possible, if there's an application extension).
Adviser and Coach/Kinetic Wellness Teacher recs should be returned directly from the recommender to Ms. Plank.
- Early Feb.** Group participants will be selected and all applicants will be contacted through their advisor.
- 3/1/19** Full tuition DUE to Ms. Plank. (This is, at most, 50% refundable in case of cancellation)
- 6/12/19** Informational meeting for participating students and parents 7pm Rm. 104 Winnetka Campus. Mandatory attendance. Completed medical and safety forms will be collected at this meeting. Agenda will also include: meeting teachers and group leaders, student code of conduct, detailed trip itinerary, logistics, equipment lists, and distribution of pre-trip readings.
- July 8-20,2019** 10 Day Canyonlands Wilderness Experience summer school course will start with a full day of classroom activities at NT before departing for Utah the next morning.

Full tuition (\$1900) includes: travel expenses, food on the canoe trip, group equipment (tents, cooking equipment, camping gear, safety and first aid equipment).

* Please remember, a \$50 summer school registration fee is due on 1/31/19 as a separate check (payable to NTHS) and should be turned in along with the completed application.

Each student will only need the following personal equipment for the trip: clothing, sleeping bag, sleeping pad and hiking boots. All other equipment will be provided by NTHS.

Please contact Elizabeth Plank (847 784 6791) planke@newtrier.k12.il.us or David Goodspeed (224 804 7804) bwpccoach22@gmail.com if you have any further questions about the course and/or application materials.

**Adviser Recommendation
New Trier Summer School Course
Canyonlands Wilderness Canoe Trip**

Student Name: _____

Current year in school: _____

Adviser completing recommendation: _____

Ext.: _____

The above student has requested a recommendation from you for his/her participation on a two-week wilderness canoe trip in the Canyonlands of Utah this summer. This NT Summer School Course and is open to all incoming sophomores, juniors, and seniors. Please provide your opinions concerning the student's social-emotional qualities using the following as a guide:

- | | |
|---|---|
| - Listens well to other's ideas | - Is flexible and curious |
| - Consistently demonstrates positive values | - Strong problem solver |
| - Is not swayed by negative influences | - Demonstrates patience |
| - Presents his/her ideas clearly to others | - Regards other's differences as strengths in
problem solving instead of a hindrance |
| - Works exceedingly well with a team | |

Do you think your advisee is independent enough to cope with the challenges he/she will face on a two week trip with a diverse student group and away from parents?

Would you want to travel for two weeks with this advisee? Why or why not?

Signature: _____

Date: _____

PLEASE RETURN THIS FORM to Elizabeth Plank (Social Studies Dept, Rm 300 Winnetka Campus) no later than January 31, 2019 (or as soon as possible). Thank you.

**Coach or Kinetic Wellness Teacher Recommendation
New Trier Summer School Course
Canyonlands Wilderness Canoe Trip**

Student Name: _____ Current year in school: _____
Kinetic Wellness Teacher or Coach (circle one) name: _____ Ext.: _____
Sport or KW Class in which you work with this student: _____

The above student has requested a recommendation from you for his/her participation on a two-week wilderness canoe trip in the Canyonlands of Utah this summer. This is a NT Summer School Course and is open to all incoming sophomores, juniors, and seniors.

THE PURPOSE OF YOUR RECOMMENDATION IS TO SPEAK TO THIS STUDENT'S PHYSICAL FITNESS AND MENTAL STRENGTH. The students on this trip will be paddling and hiking for up to 6-8 hours a day in a wilderness environment. Our backcountry camping will be for 8 consecutive days.

Please give us your honest opinion of whether or not you think this student is ready (and excited by the physical challenges) of this kind of trip:

In addition, please provide us with any comments you think would be helpful in evaluating this student's mental fortitude, ability to be a team player, attitude, resiliency and effort:

Are you aware of any concerns related to this student's swimming ability?

Would you want to travel for two weeks with this student? Why or why not?

SIGNATURE: _____ DATE: _____

PLEASE RETURN THIS FORM to Elizabeth Plank (Social Studies Dept, Rm 300 Winnetka Campus) no later than January 31, 2019 (or as soon as possible). Thank you.