



NEW TRIIER ROWING

REGULAR SEASON PRACTICE SCHEDULE

SPRING 2017



Begins Monday, March 13, 2017

GIRLS	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
V	DRC 4-6:15 pm	RR 3:45-6 pm	DRC 4-6:15 pm	RR 3:45-6 pm or DRC 4-6:15	DRC 4-6:15 pm	DRC 8-10 am
JV	DRC 4-6:15 pm	RR 3:45-6 pm	DRC 4-6:15 pm	RR 3:45-6 pm or DRC 4-6:15	DRC 4-6:15 pm or RR 3:45-6 pm	DRC 8-10 am
N*	DRC 4-6:15 pm	NCH 3:45-6 pm	DRC 4-6:15 pm	NCH 3:45-6 pm	DRC 4-6:15 pm or NCH or RR 3:45-6 pm	DRC 8-10 am
BOYS	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
V	DRC 4-6:15 pm	DRC 4-6:15 pm	RR 3:45-6 pm	DRC 4-6:15 pm	DRC 4-6:15 pm	DRC 10 am-1 pm
JV	RR 3:45-6 pm	DRC 4-6:15 pm	DRC 4-6:15 pm	DRC 4-6:15 pm	DRC 4-6:15 pm or RR 3:45-6 pm	DRC 10 am-1 pm
N*	DRC 4-6:15 pm or NCH 3:45-6 pm	DRC 4-6:15 pm	NCH 3:45-6 pm	DRC 4-6:15 pm	DRC 4-6:15 pm or NCH 3:45-6 pm	DRC 10 am-1 pm

***NOVICES** can expect some tank and erg sessions to be held from 5:45-8 pm at the DRC on their regularly scheduled DRC days up until spring break.

Note: Team picture days will be held **Monday, March 13th** or **Friday, March 17th**. Details to follow from coaches.

Mandatory rower/parent meeting at Winnetka Large Cafeteria, **Monday, March 13th** from 7-8 pm. Parent gear sales and forms collected 6:30-7 pm. All Team Trireme Challenge at RR from 3:45-5:45 pm if Booster Club photos do not conflict.

Friday practices for JV and Novices typically alternate between boys and girls at the DRC and RR/NCH.