

MLK Day Session Description - Northfield Campus

Session Title	Session Description
Jackie Robinson: Breaking the Racial Barrier	This session continues our discussion about race as we take a special look at the experiences of baseball players like Jackie Robinson, Ernie Banks, and Moses Fleetwood Walker.
The Harlem Renaissance	The Harlem Renaissance celebrates the pride and unity of African Americans in 1920's America through the arts. This seminar will explore when and why the Harlem Renaissance took place as well as showcase paintings, music and poetry from the time.
The Story of Our Names	Names are extremely important to individuals and significant in most cultures. Participants in the workshop will explore their identities associated with their names and use that experience to develop empathy for those whose identities have been taken away from them.
Which box do I check? Navigating Multi-Racial Identity	Being multi-racial poses some unique experiences/interactions for those who are and the people around them. To which world(s) do those of multiple races belong? Do people try to impose labels that don't exactly fit? What are some of the challenges and advantages of coming from a culturally diverse background?
Food Deserts	This seminar with focus on the relationship between food deserts and minority communities in the Chicagoland area. We will look at why food deserts disproportionately affect particular groups of people. We will end with discussions of next steps to create greater equality and access to food.
Drawing Lines: Housing Segregation and Redlining in Chicagoland Neighborhoods	Have you ever wondered why some neighborhoods in the Chicagoland area are so segregated? This workshop will explore the historical roots of housing discrimination in the city of Chicago and the suburbs of the North Shore, and will consider some of the ways in which institutionalized racism shaped the face of our neighborhoods. Students will be challenged to reflect on their own neighborhood, or the neighborhoods around them, within this historical context.
Mascot or Mockery: Finding Stereotypes in Popular Culture	We will discuss the presence of racially charged parts of our popular culture that we often accept. We will discuss Halloween and sports mascots in particular. Many universities, including the University of Illinois, have recently wrestled with this topic.

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Thinking About Multiple Perspectives and Being an Ally	In this workshop participants will explore their roles as allies. Video clips from "Cracking the Code" will be used to explore situations where the role of an ally was important in highlighting racial bias and offering support.
Disney and the Creation of Racial Identity	Watch classic Disney films and discuss how these films influence childhood development of racial identities.
Representations of the Middle East: Stereotypes and Islamophobia	This session will examine racial stereotypes of Middle Easterners in film, television, news, and current events and how these stereotypes contribute to the Islamophobic climate. We will use the "Pyramid of Hate" model to assess the escalation of anti-Muslim rhetoric, profiling, and hate crimes.
Western Bias in Science	Copernicus, Galileo, Newton, Einstein... Were all of the great discoveries in science made by Greeks and Europeans? Explore the impact of our western bias in the history of science in this discussion session.
We Don't Have to Fight: Investigating the Intersection Between the Personal and Interpersonal in Educational Conversations about Race	Participants will investigate the relationship between the concepts of race and our individual identity development through the process of racial socialization.
Being a Black Man in Law Enforcement	Officer Nana Owusu is a police officer with the Northfield Police Department. He has also been a school resource officer for New Trier High School and served as Officer Friendly. In this session, Officer Owusu will discuss the experiences of being a black man in law enforcement.
Black Gospel Music - Make a Joyful Noise!	Black gospel music speaks to the issue of freedom and in many ways has been part of the civil rights movement. In this workshop you will learn about different aspects of gospel music, and then be asked to sing and form an impromptu gospel choir. Participants should be prepared to sing and raise your voice so that you can feel the power gospel music has to inspire and effect change.
Examining the Impact of Systemic Racism	Andrea Johnson, the Director of Equity and Grants for District 113, will lead an examination of the impact of systemic racism on our individual experiences.

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Growing Up X	Ilyasah Shabazz was only two years old when her father, Malcolm X, was assassinated on February 21, 1965 in Harlem's Audubon Ballroom. On June 23, 1997, after surviving for a remarkable twenty-two days, his widow and her mother, Betty Shabazz, died of burns suffered in a fire. In the years between, she and her five sisters reached adulthood, forged by the memory of their parents' love, the meaning of their cause, and the power of their faith. Ms. Shabazz has recorded that tumultuous journey in her unforgettable memoir, <i>Growing Up X</i> .
Yer' A White Wizard, Harry: Whitewashing in Cinema	This is a discussion about white dominance in the film industry. We are going to be taking a look at different cases where the voices of People of Color were silenced by the industry and how we can change it.