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New Trier Athletic Handbook

Introduction to the New Trier Athletic Handbook

It is the intent of this handbook to make available information regarding athletics at New Trier to all athletes who participate in our program. We ask that you and your parents review the handbook carefully and keep it throughout your participation as a Trevian Athlete.

When you are a part of an athletic team, you are a representative of New Trier High School. You are expected to demonstrate appropriate behavior on and off the field, court or in and out of the pool. We need quality people and athletes to have a quality athletic program. Quality athletes display good sportsmanship at all times.

The staff and administration welcome you to the New Trier Athletic Program. We desire to assist you in any way necessary. Good luck and enjoy your athletic participation in New Trier's program.

Superintendent – Dr. Linda Yonke	784-6109
Principal – Dr. Timothy Dohrer (Winnetka Campus)	784-2200
Principal – Jan Borja (Northfield Campus)	784-7501
Athletic Director – Randy Oberembt	784-2226
Assistant Athletic Director – Deborah Ofcky	784-2227
Athletic Office Secretary – Nancy Schroeder	784-2225
Athletics/Intramural Coordinator – Carrie Sowa (Northfield)	784-7516
Athletic Office Secretary – Celia Martinez (Northfield)	784-7517
Head Athletic Trainer – Dale Grooms, ATC	Cell: 847-987-5725 or 784-2299
Athletic Trainer – Patricia McClintock, ATC	784-2299
Athletic Trainer – Annika Säfström, ATC	784-2299
Athletic Trainer – Danah Monroe	784-2299
Intramural Director – Matt Koulentes	784-6822
Athletic Operations Manager – Scott Wiviott	784-2217

The New Trier Athletic Philosophy

Interscholastic sports at New Trier High School form part of a diverse co-curricular program. The activities are regarded as vital parts of the total educational offerings of our school. The sound development of the physical capacities of youth complements and enhances the intellectual, emotional and social development of every young man and woman. These opportunities are useful tools in the achievement of the goals of a comprehensive education.

We encourage student participation in the athletic program and would like to involve as many students as possible in an educationally sound and successful, competitive, interscholastic experience. High school athletics is a competitive experience, therefore not all who try out make the team, nor do all those who make the team receive the same participation opportunities in contests. Ultimately, the participation level of individuals is a staff decision.

New Trier's dedication to excellence extends to our competitive athletic program. In this endeavor the Interscholastic Athletic Program serves as one of the extensions of the classroom, attempting to provide experiential learning opportunities and enhancing the learning which occurs within the classroom. All team members, regardless of ability, will be afforded opportunities to develop their work ethic, sense of commitment and social and athletic skills.

New Trier Athletic Mission Statement

The New Trier High School Athletic Department began work in the fall of 2007 to identify the desired outcomes of student participation in the New Trier program of interscholastic athletics. Construction of an "Athletic Mission Statement that would clarify the outcomes was undertaken by an eight-member Athletic Department Mission Statement Committee formed in October 2007. The Committee concluded its work in May 2008 and the New Trier Athletic Mission Statement was approved in August of 2008. The Athletic Department and School wish to thank the Committee, New Trier Booster Club Executive Committee, SALT (Student Athletic Leadership Training Class), and members of the New Trier Coaching staff for their support of this process. a complete history of the Mission Statement process can be found at <http://www.newtrier.k12.il.us/>, then select Athletics, then select Mission Statement on the upper right of the page.

New Trier Athletic programs will provide an experience that fosters an emotional, physical and intellectual foundation for growth and well-being. The New Trier institutional motto, *"to commit minds to inquiry, hearts to compassion, and lives to the service of humanity..."* is a reminder that these programs provide a direct connection to the quality of our students' educational experiences now and in the future.

Student-Athletes will demonstrate compassion, responsibility and dedication to their team and teammates as they act with integrity, honor, and an understanding of their role in the school and community. Spirit, loyalty, confidence, self-esteem and enjoyment of the sport are visible components of a positive experience.

The New Trier Athletic Department is committed to providing opportunities that enhance the experiences of student-athletes in their specific sports. The department believes that participation in sport produces lessons that will be used in life as well as in competition: interscholastic and intramural sports promote an awareness of the positive impact of hard work, the value of developing measurable skills, the importance of attending to detail, and the ability to persevere through adversity.

Utilizing a strong work ethic and discipline judgment, the athlete values team accomplishments above personal achievement. Through consistent analysis and reflection, athletes come to a better understanding of their sport, teammates, and the spirit of competition.



The New Trier Code of Conduct

New Trier High School administrators and coaches believe that students who are selected for the privilege of membership on teams should conduct themselves as responsible representatives of the school and community. Because participants represent their school and community, they are expected to maintain high standards of conduct seven days a week, 365 days a year. Student-athletes, their parents and school staff members share the responsibility for adhering to these standards. Everyone plays a role in establishing and maintaining a positive and sportsmanlike image for our school and community. Program success cannot be achieved unless everyone works together.

Athletics are a privilege and integral part of the total educational process. The sound development of the physical capacities of youth can complement and enhance the intellectual, emotional and social development of each student-athlete. These opportunities are useful tools in the achievement of the goals of a comprehensive education. The important goals of the athletic program are to offer student-athletes direction in developing healthful living habits, discipline, leadership, teamwork, sportsmanship, and acceptance of rules and responsibility. Every student selected for the privilege of team membership will be offered the opportunity to practice and participate in contests, relative to their demonstrated abilities, readiness and commitment. Striving for success is a key component of a competitive interscholastic athletic program. While we strive to win as often as we can, we are mindful that how we win or lose tells more about us than the final score.

Participants in the athletic program have a responsibility to adhere to the policies established by New Trier Township High School District 203, the Central Suburban League and the By-Laws of the Illinois High School Association.

Student-Athlete Responsibilities

Extracurricular Code

The Extracurricular Code (the "Code") applies to students who participate in voluntary, school-sponsored activities that are not part of an academic class. New Trier offers an extensive and diverse extracurricular program that includes athletic and non-athletic interscholastic teams and competitions, clubs, non-curricular performing arts and leadership positions. The Code seeks to foster the health, safety, and welfare of the participants and requires high standards of conduct and citizenship in order to sustain a sound extracurricular program. The Code also seeks to prevent and deter student use of tobacco products, alcohol, controlled substances, other illegal mood-altering and/or performance enhancing drugs or chemicals, or any substance used to obtain an altered mental state or "high."

Administration & Availability of Code

The Code is administered by the Athletic Director, the Athletic Coordinator, the Coordinators of Student Activities and Performing Arts and/or their designees. All students and parents are expected to have read the Code prior to participation in the extracurricular program; the Code is published in the Student Guidebook and on New Trier's web site. Participation in the Extracurricular program constitutes a student's understanding of, and agreement to abide by, the provisions of the Code.

Participation in the Extracurricular Program is a Privilege

Participation in the extracurricular program is a privilege and not a right. Participants become visible representatives of NTHS, their fellow students, and the community, therefore they have additional responsibilities to be exemplars and comply with the Code. NTHS has the authority to restrict or revoke a student's privilege to participate in the extracurricular program.

Period & Scope of Code Applicability

The Code is in effect 24 hours a day, seven days a week, 365 days per year.

The Code applies to student conduct on and off campus, even when the conduct is not directly connected to NTHS.

Participant Pledge & Prohibited Conduct

Participation in extracurricular activities is an honor and a privilege. As a visible representative of the school and community, I have the obligation and responsibility to represent myself, my family, my activity, my school, and my community in an exemplary manner. I understand that if I violate the express or implied terms of the Extracurricular Code, or if I engage in any behavior that negatively affects my activity, fellow students, school or community, I will be subject to disciplinary measures that may include the immediate revocation of my privilege to participate in the extracurricular program. Please also note Illinois High School Association (IHSA) regulations regarding IHSA state championship series and regular-season random drug-testing. See Page 8 under Statement of Affiliation for detailed information.

I further understand that conduct prohibited under this Code includes, but is not limited to the following:

- The purchase, possession, delivery, distribution or use of tobacco products;
- The purchase, possession, delivery or distribution, or being under the influence of alcohol, a controlled substance, other illegal mood-altering and/or performance enhancing drugs or chemicals, or any substance used to obtain an altered mental state or “high;”
- The purchase, possession, delivery or distribution of look-alike drugs, drug paraphernalia, and alcohol containers;
- Violations of the Academic Integrity Policy;
- Hosting or organizing a gathering or providing a venue where minors and any of the above referenced prohibited substances are present;
- Assault or battery;
- Bullying and intimidation, hazing, and harassment of a written, verbal, physical, or sexual nature; including but not limited to hand written, technology generated or spoken words;
- Vandalism, theft, property damage;
- Violations of major school policies including, but not limited to, disobedience, excessive absenteeism, misuse of technology, etc;
- Unsportsmanlike conduct; and
- Conduct resulting in a school suspension.

For the purposes of this Code of Conduct, the following definitions apply:

Under the Influence: Any student who has consumed or used any amount of any prohibited substance will be considered under the influence. Being under the influence includes, but is not limited to, the emission of the odor of any of these substances, such as having alcohol on the breath, or any impairment of normal functioning, such as slurred speech, inability to walk properly or dilated pupils.

Possession: Possession means having any knowledge of, and any control over, an item. Control includes, but is not limited to, having access to an item in a school locker, personal effects, a vehicle, or other place where the item is located. It is not necessary that a student intended to control the item. A student may acquire knowledge of an item visually, by being told about the item, or through other sensory perception. A student's knowledge will be determined based on the surrounding circumstances, not just the student's statements. For example, "forgetting" that an item is in one's locker, personal effects, or vehicle does not constitute a lack of knowledge.

Delivery: Delivery means a transfer, or attempted transfer, of possession or control to another person whether or not the substance or item is in that person's immediate presence. Delivery includes, but is not limited to, any gift, exchange, sale or other transfer with or without payment or other consideration.

Look-alike: a "look-alike" is any substance or item which is not, but reasonably appears to be, or is represented to be, the real substance or item. Examples include, but are not limited to: (a) a toy gun which is very difficult to distinguish, except upon close examination, from an actual gun; (b) a green leafy plant material, which is not, but is claimed, believed or intended to appear to be marijuana; and (c) a white powdered substance which is not, but is claimed, believed or intended to appear to be a toxic chemical or biological agent.

Drug Paraphernalia includes, but is not limited to, pipes, one-hitters, rolling papers, or any device or item which contains residue of an illegal substance.

Consequences

Facts, circumstances, and disciplinary measures are analyzed on a case-by-case basis. In addition to the following disciplinary consequences, Code violations may also result in loss of privileges in celebratory functions, recognition dinners, scholarships and/or awards.

A student in violation of the Code will face consequences for all extra-curricular activities in which he or she is involved.

The Code provides a minimum standard of conduct and guidance when addressing certain behaviors. It does not and cannot enumerate each and every situation or conduct for which discipline may be imposed.

Interscholastic & Club Athletics

First Offense: Suspension up to 50% of the season and removed from captain status.

Second Offense: Dismissal from the team/athletic program for one calendar year.

Third Offense: Loss of privilege of participation in all athletics for the remainder of high school career.

Student Activities Program: Clubs & Organizations

Class Period and Other Activity Heads

First Offense: Demotion from office (to board/staff status) and/or suspension from leadership activity for up to 25% of year long activities, and up to 50% of seasonal activities. Written acknowledgement and apology to activity sponsor(s). Formal oral acknowledgement and apology to activity members.

Second Offense: Removal from leadership activity for the remainder of the school year.

Third Offense: Loss of privilege of leadership participation in the Student Activities Program for the remainder of high school career.

Class Period Members

First Offense: Suspension from leadership activity for up to 25% of the school year. Written acknowledgment and apology to activity sponsor(s). Formal oral acknowledgement and apology to activity members.

Second Offense: Removal from leadership activity for the remainder of the school year.

Third Offense: Loss of privilege of leadership participation in the Student Activities Program for the remainder of high school career.

Other Leadership Positions

Class Officers

First Offense: Removal from office.

Senior Helpers and Bridge Builders

First Offense: Removal from leadership position. A student who has had a code violation, in or outside of school, may not run for any class office or elected leadership position if the violation occurred within the same school year in which he or she is planning on running for that office or position.

Non-Curricular Performing Arts

First Offense: Suspension from participation in the activity for up to 50% of the production period up to and including performances, and removal from leadership position (i.e. board member, student assistant director, co-head, etc.)

Second Offense: Dismissal from performances and/or non-curricular performing arts program for up to one calendar year.

Third Offense: Loss of privilege of participation in all non-curricular performing arts activities for the remainder of high school career.

Guidelines for School Suspensions

In addition to the consequences imposed by the Athletic Director, the Athletic Coordinator, or the Coordinators of Student Activities and Performing Arts, students suspended from school are not permitted to participate in practices, rehearsals, meetings, contests or performances during the period of suspension. Students may not participate in a practice, rehearsal, contest or performance if it conflicts with an assigned school penalty (e.g., detention, Saturday School, etc.)

Students in violation of drug or alcohol violations are required to meet with the Student Assistance Coordinator before returning to the activity full time. For safety concerns, an assessment by an outside certified agency may be required before a student is allowed to continue in the activity.

Options Related to Consequences for Drug/Alcohol Violations

Under certain circumstances, students in violation of the Code for substance abuse may be offered the option to participate in a recognized, community-based program. These programs are designed to provide education to the student and parents, to encourage the student to evaluate the consequences of drug and alcohol abuse on his/her behavior and education, and to provide support and referral services to students and their families.

If a student chooses to enroll in such a program, the suspension from the extracurricular activity may be lessened. The Athletic Director or the Coordinators of Student Activities and Performing Arts, and the Student Assistance Coordinators will make such decisions. Participation in these programs will not be grounds for reinstatement of leadership positions.

These programs are designed to allow students to evaluate the consequences of drug and alcohol use while also providing education in chemical use/abuse for students and their parents/guardians. The programs, conducted by certified addictions counselors, include both assessment and referral components. Participation in these programs is voluntary and at the student's sole expense.

Voluntary Admission By Student

Voluntary admission of a first offense Code violation related to alcohol and/or drugs, will not result in loss of extracurricular participation, and consequences will be held in abeyance provided the student does not seek voluntary admission of an offense for which he/she has been arrested or cited by law enforcement officials and if the student cooperates with the recommended plan. A mandatory meeting will be held with the Athletic Director, the Activities Coordinator or the Performing Arts Coordinator, any other school personnel deemed appropriate, and the parents and/or guardians of the student. The purpose of this provision is to provide help for the student. A specific plan for providing counseling or other forms of assistance will be designed as a cooperative result of this meeting. Voluntary admission must occur prior to any school personnel, or police being aware of the incident and the student's involvement. Students will only be excused from penalty for voluntary admissions on one occasion.

Reports of Violations

Current Illinois law requires local law enforcement officials to share information with school personnel regarding certain crimes committed by students. Code violations are also reported by school faculty and staff members, confession of the offender, students, parents and other outside sources including, among other things, photographs and computer-based social networking web sites.

Procedure

Prior to the imposition of disciplinary action, the student shall be provided oral or written notice of the charges. If the student denies the charges, the student shall be given an explanation of the evidence and an opportunity to present his or her version of the incident.

Statement of Affiliation

All New Trier students must indicate by parent signature on the New Trier Athletic Physical and Parent Consent Form their compliance with Illinois High School Association (IHSA) Random Steroid and Performance enhancing Supplement Testing procedures. Testing will be administered by the IHSA during state championship series events and during the course of the season. Further information on IHSA banned drug classes and the testing plan can be found at; http://www.ihsa.org/initiatives/sportsMedicine/files/IHSA_banned_drug_classes.pdf and information regarding the history of this decision and process can be found at <http://www.ihsa.org/initiatives/sportsMedicine/index.htm>

Student Alliance FAQ's

The New Trier Student Alliance, the student government body of New Trier's Winnetka Campus, has developed a "Frequently Asked Questions" document to support student understanding of the New Trier Extra-Curricular Code of Conduct. The FAQ is student-written and has been approved for publication by the New Trier High School administration. Members of the Student Alliance who authored this FAQ hope to support student understanding of the Code and address those questions that are most likely to occur as students and families review the document.

The Administration of New Trier High School wishes to thank the Student Alliance for their contribution in the development of this series of "Frequently Asked Questions."

Student Activities Code Frequently Asked Questions

What is the purpose of this FAQ and why is it necessary?

Students have expressed concern regarding the Extracurricular Code and how it affects them. Student Alliance and the administration have created this document to clarify questions and help students understand their obligations to the Code.

What is a Code?

The school feels that it is important to distinguish between codes and laws. according to the administration, a law requires a "preponderance of evidence" and a "trial by peers" while a code is less procedural and logistically driven. Codes are interpreted on a case by case basis, since the administration views codes more as guidelines than rules.

Why does New Trier need a Code?

The administration defines extracurricular activities as a privilege, not a right. The Code serves to uphold New Trier's high standards, encourage students to make smart choices, and deter them from engaging in risky, illegal, or inappropriate behavior.

Who falls under the Code?

- Any students involved in performing arts, athletics, or leadership clubs.
- Sponsor-recognized student leaders of student organizations such as class government or 9th period clubs.
- All students participating in school-sponsored activities (such as athletic events, concerts, etc.) and travelling on school-sponsored trips.

When is the Code in effect?

The Code is in effect 24 hours a day, 7 days a week, 365 days a year, both inside and outside the US.

Originally, the Code was only applicable during the school year and at school-sponsored activities. If "John" had violated the Code a day before a sport began, he would not have been disciplined, whereas "Jane" who violated the Code the day after the sport began would have. The Disciplinary Review Committee—comprised of administrators, teachers, parents, and students—changed the Code to ensure that all students would always be encouraged to make smart decisions.

What does the Code prohibit?

Smoking, drinking, drugs, bullying, assault, theft, violence, unsportsmanlike behavior, violating the academic code, and (violation of) other New Trier regulations are all banned. However, the Code is not limited to these things—anything that violates the “spirit of the Code” is also prohibited.

What does “included, but not limited to” mean?

Since the Activities Code cannot imagine every unique situation, this phrase is included so the school can adapt the rules to fit the situation and evolve with the times.

What is “possession”?

According to the Code, possession means having control or knowledge over a prohibited item. Although it may seem that those who know friends who have violated the Code are just as responsible, the administration interprets “possession” differently. For example, if a student is aware his friends are smoking marijuana, he is not in possession of it; however, if a student allowed friends to smoke marijuana in his car, he *would* be in possession of the drugs because he allowed the activities to happen, and could face consequences. Under the Code, you can only be disciplined if it is proven that you are directly responsible for the item, even if you don’t have it on your person at the time.

What is “control”?

The Code says that “it is not necessary that a student intended to control the item.” According to the administration, this means (for example) that if a student is found in a car with alcohol in it, he/she may be subject to disciplinary consequences. The Code specifies that “forgetting an item [...] in one’s personal effects [...] does not constitute a lack of knowledge.” Students should stay aware of what is in their possession.

Who can I go to for further clarification?

Please feel free to contact your Student alliance representatives in Room 009 or the following administrative offices regarding any questions about the Code:

- Principal: 847-784-2200
- Assistant Principal for Student Services: 847-784-2219
- Athletics: 847-784-2226
- Performing Arts: 847-784-6693
- Student Activities: 847-784-2281

School Day Attendance or Participation

If a student is too ill to come to school, then it's not appropriate for him/her to be here for practice or competition unless they are in school by the 4th period and stay for the remainder of the school day. We strongly disapprove of student-athletes staying home on school days to rest for contests that day or night. Students absent the entire school day, due to illness, may not participate in athletic contests that day or night. Students must attend school for at least half the day (unless they are on an excursion) to be able to participate in that day's activities. Please remember to communicate with your coach regarding all absences.

Curfew

As responsible community members, all student-athletes should not only obey school policies but community policies as well. We offer this reminder to all of our student-athletes that are 16 years of age and under. Curfew policy is as follows: Sunday-Thursday: 11: 00 pm to 6:00 am – Friday & Saturday: 12:01 am to 6:00 am

Sportsmanship Statement

Good sportsmanship is the attitude and behavior that exemplifies positive support for the inter-scholastic programs of IHSA member schools, as well as for the individuals who participate in these programs. People involved in any facet of New Trier's interscholastic programs are expected to demonstrate respect for others and display good sportsmanship. Emphasizing and improving the sportsmanship of our students, athletes, parents and staff is one of our highest priorities. Each coach, student and parent has a role and responsibility to model and teach good sportsmanship.

The IHSA has specific guidelines and by-laws for improving sportsmanship and dealing with violations. Please review carefully the following information.

Illinois High School Association Sportsmanship By-law 6.011

Any player ejected from a contest for unsportsmanlike conduct shall be ineligible for the next interscholastic contest at that level of competition, and all other interscholastic contests at any level in the interim, in addition to other penalties the IHSA or the school may assess.

Illinois High School Association Sportsmanship By-law 6.012

Any coach ejected from a contest for unsportsmanlike conduct shall be ineligible for the next interscholastic contest at that level of competition, and all other interscholastic contests at any level in the interim, in addition to other penalties the IHSA or the school may assess.

Illinois High School Association Sportsmanship By-law 2.042

IHSA member schools have the responsibility to maintain proper crowd control and enforce principles of good sportsmanship and ethics. Spectators may be asked to leave the premises for failure to comply with these stated guidelines. The IHSA Executive Director shall have the authority to investigate reported incidents of unsportsmanlike conduct.

Behavior Expectations of the Participant

Accept and understand the seriousness of your responsibility, and the privilege of representing the school and the community.

Treat opponents the way you would like to be treated, as a guest or friend. Never direct remarks at opponents in a taunting manner.

Respect the integrity and judgment of game officials. Respect the job and position of the officials and respect them as people. Treating them with dignity and respect, even if you disagree with their judgment, is a fundamental behavioral expectation.

Behavior Expectations of the Spectators

Remember that school athletics are learning experiences for students and the programs are part of the educational process. Adolescents learn proper behavior from watching adults.

A ticket is a privilege to observe the contest, not a license to verbally abuse others. Positive fan support is an asset for the players, coaches and other spectators.

Show respect for the opposing players, coaches, other spectators and officials. Respect their roles even if you disagree with their judgment. Negative comments or the berating of players, coaches and officials are not in keeping with our philosophy or good forms of role modeling and will not be tolerated.

Expectations of Parents

Be positive with your son/daughter. Do not offer excuses to them if they are not playing. Encourage them to work hard and do their best. If they have questions about issues related to their experience as a member of an interscholastic team, encourage them to ask the coach for a meeting between the two of them.

Encourage your son/daughter to follow all school, athletic code and team rules. Student-athletes should be role models.

Parents have the opportunity to demonstrate appropriate behaviors when they show respect for the opposing players, coaches, other spectators and officials. Respect their roles even if you disagree with their judgment. Negative comments or the berating of players, coaches and officials are not in keeping with our philosophy or good forms of role modeling and will not be tolerated.

Pets & Tobacco Products

Pets are not allowed on the premises of any New Trier Township outdoor or indoor facility. New Trier facilities and grounds are a tobacco free environment. The use of any tobacco product is prohibited. Thank you for your compliance.

New Trier Athletic Trainer - Training Room - Injuries

New Trier has certified athletic trainers on staff to care for all athletic injuries sustained during school sponsored interscholastic athletics. The athletic trainers provide prevention, emergency care, treatment and rehabilitation of athletic injuries under the direction of New Trier's team physicians or your physician. New Trier has an athletic training room on each campus with all the modalities needed to treat and rehabilitate athletic injuries.

Training Room Rules

- ✔ No athletes are allowed in the training room unsupervised.
- ✔ No supplies are to be removed from the training room without permission.
- ✔ Training room and first aid kit supplies are to be used for athletic injuries only.
- ✔ Equipment borrowed from the training room should be returned as soon as possible.
- ✔ No cleats or spikes are to be worn in the athletic training room.
- ✔ The training room is not a lounge or meeting place.

Athletic Injuries

- ✔ Report all injuries to your coach or the athletic trainer when they occur.
- ✔ Use only rest, ice, compression (ace wrap) and elevation to treat injuries until you consult the athletic trainer or your doctor.
- ✔ If you see a physician, get a note with a diagnosis and any restrictions and present it to an athletic trainer before returning to play.
- ✔ Rehabilitations sessions occur daily, during lunch, in the athletic training room.
- ✔ If you have severe swelling, severe pain, loss of joint motion or a head injury and an athletic trainer is not immediately available, see a physician.

Booster Club

The New Trier Booster Club supports and encourages the athletic activities of New Trier student-athletes. It also provides moral and financial support to encourage participation in intramural and athletic activities for the benefit of all students. The Booster Club has been responsible for facilitating the purchase of a vast array of valuable athletic equipment and most of the rehabilitation equipment in the training room.

Numerous opportunities exist to participate in New Trier Booster Club activities. You can help with concessions, the Spring Brunch, Trevian golf, Trevian tennis and Spike or Night League.

The New Trier Athletic Director and the coaching staff recognize the importance and value of the Booster Club's support and commitment and encourage all parents to be a part of this organization. For additional information please feel free to call the athletic department (847-784-2225).

Transportation Policy

Please be aware of the policies concerning transportation of student-athletes to and from New Trier competitions.

1. New Trier provides transportation to and from all athletic contests. All athletes are required to use school transportation. Athletes may not participate in an away contest if they drive themselves to the event or if they use alternate transportation without prior permission from the coach.
2. In extenuating circumstances, parents may need to drive their own children to or from a contest, but coaches need written notification and approval from the coach must be granted in advance.

Equipment

An athlete is responsible for each item of equipment issued to her/him. **Lost or stolen equipment must be paid for at the one item replacement cost plus twenty-five percent.** An athlete will not be allowed to receive awards, participate in a subsequent sport or receive her/his diploma until the equipment record has been cleared.

Please do not abuse your equipment. Considerable money is expended to supply the best equipment for your use and safety, please treat it with respect.

Physical Examination

A valid **New Trier High School Athletic Physical & Parent Consent Form** must be on file in the athletic office on or before the first day of practice/tryouts of the athlete's specific sport season. When a completed and valid physical form is submitted to the athletic office, office personnel will issue a Permit To Participate. If the physical form is submitted early, the Permit To Participate will be issued directly to the coach. Submitting the physical form early will help all of us avoid the congestion of long lines and waiting on the first day of practice/tryouts.

Effective August 2008, all New Trier students must indicate by parent signature on the New Trier Athletic Physical and Parent Consent Form their compliance with Illinois High School Association (IHSA) Random Steroid and Performance enhancing Supplement Testing procedures. Testing will be administered by the IHSA during championship series events and the regular season. Further information on IHSA banned drug classes and the testing plan can be found at; http://www.ihsa.org/initiatives/sportsMedicine/files/IHSA_banned_drug_classes.pdf and information regarding the history of this decision and process can be found at <http://www.ihsa.org/initiatives/sportsMedicine/index.htm>

Per Illinois High School Association (IHSA) rules, your physical examination is good for one calendar year from the date of the exam. Please put that date on your yearly schedule, as the student-athlete becomes ineligible and will not be allowed to practice or play unless a new physical is provided by that date. We strongly encourage all individuals who plan to participate in interscholastic athletics to get their physical exam in June, July or early August. Getting the exam during these months avoids ineligibility issues.



Illinois High School Association

(For 2010-11 School Term)
(Revised 3/12/10)

Key Provisions Regarding IHSA Rules

Eligibility Rules

When you become a member of an interscholastic team at your high school, you will find that both your school and the IHSA will have rules you must follow in order to be eligible for interscholastic participation. The IHSA's rules have been adopted by the high schools which are members of IHSA as part of the Association's constitution and by-laws. They must be followed as minimum standards for all interscholastic athletic competition in any member high school. Your high school may have additional requirements, but they may not be less stringent than these statewide minimums.

The principal/official representative of your school is responsible to see that only eligible students represent the school in interscholastic competition. Any question concerning your eligibility should be referred to your principal/official representative, who has a complete copy of all IHSA eligibility rules, including the Association's due process procedure. Only the IHSA Executive Director is authorized to make formal rulings on eligibility, so if your principal/official representative has questions or wishes assistance in answering your questions, the principal/official representative should contact the IHSA Office.

Information contained here highlights only the most important features of the IHSA by-laws regarding interscholastic eligibility. It is designed to make you aware of major requirements you must meet to be eligible to compete in interscholastic competition. The information here is only a general description of major by-law provisions and does not contain the statement of the by-laws in their entirety. You can review the by-laws at www.ihsa.org.

You may lose eligibility for interscholastic competition if you are not in compliance with IHSA by-laws. Remember, if you have any questions regarding IHSA rules, please contact your principal/official representative.

1. Attendance

- A. You may represent only the school you attend. Participation on a cooperative team of which your school is a member is acceptable.
B. You must be enrolled and attending classes in your high school no later than the beginning of the 11th school day of the semester.
C. If you attend school for ten (10) or more days during any one semester, it will count as one of the eight (8) semesters of high school attendance during which you may possibly have eligibility.
D. If you have a lapse in school connection for ten (10) or more consecutive school days during a semester, you are subject to ineligibility for the rest of the semester. The

specific terms of your extended absence must be reviewed by the Executive Director to determine if it is "lapse in school connection" or not.

2. Scholastic Standing

- A. You must pass twenty (20) credit hours of high school work per week. Generally, twenty (20) credit hours is the equivalent of four (4) .5 credit courses (two full credits).
B. You must have passed and received credit toward graduation for twenty (20) credit hours of high school work for the entire previous semester to be eligible at all during the ensuing semester.

3. Residence

Your eligibility is dependent on the location of the residence where you live full time with your parents, parent who has been assigned custody by the court, or court appointed legal guardian.

You may be eligible if you are entering high school as a freshman and:

- A. You attend the public high school in the district in which you live full time with both of your parents, custodial parent or court appointed guardian; or
B. In the case of a multiple school district, you attend the public high school in the attendance area where you live full time with your parents, custodial parent or court appointed guardian; or
C. You have paid tuition to attend a public school for a minimum of 7th and 8th grades in a district other than the one where you live with your parents, custodial parent or court appointed guardian and you continue to pay tuition as a high school student in that same district; or
D. You attend a private/parochial school located within the boundaries of the public school district where you live with your parents, custodial parent or court appointed guardian; or
E. You attend a private/parochial high school and have attended a private/parochial school for 7th and 8th grades, or for any four (4) grades from kindergarten through eighth grades; or
F. You attend the private/parochial high school which one or both of your parents attended; or
G. You attend a private/parochial high school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian.

4. Transfer

- A. In all transfer cases, both the principal of the school from which you transfer and the principal of the school into which you transfer must concur with the transfer in writing on a form provided by the IHSA Office. You cannot be eligible when you transfer until this form is fully executed and on file in the school office.
B. If you transfer after classes begin for the current school term, you will definitely be ineligible for thirty days from the date you start attending classes at the new high school. In addition, you will be ineligible for that entire school term in any sport in which you engaged in any team activity, including but not limited to tryouts, drills, physical practice sessions, team meetings, playing in a contest,

etc. at the school from which you transferred. For example, if you were out for cross country at the school from which you transfer and transfer after classes have started for the school term, you will be ineligible for cross country that entire school term at the new school.

- C. If you transfer attendance from one high school to another high school, you will be ineligible unless:

- 1. Your transfer is in conjunction with a change in residence by both you and your parents, custodial parent or court appointed guardian from one public school district to a different public school district;
2. Your transfer is between high schools within a public school district and both you and your parents, custodial parent or court appointed guardian change residence to the district attendance area for the school to which you transfer;
3. Your transfer is from a private/parochial school to your home public high school, you are entering a public high school for the first time, and the principals of both your former and the new school concur with your transfer;
4. Your transfer is from one private/parochial school to another private/parochial school located within a thirty (30) mile radius of the residence where you live with your parents, custodial parent or court appointed guardian, you are changing high schools for the first time, and the principals of both your former and the new school concur with your transfer;
5. Your parents are divorced or legally separated; you transfer to a new school in conjunction with a modification or other change in legal custody between your parents by action of a judge; and required court documents are on file at the school into which you transfer;

- D. If you transfer in conjunction with a change in legal guardianship, a ruling on your eligibility must be obtained from the IHSA Office.

- E. If you transfer attendance from one school to another while you are ineligible for any reason, the period of ineligibility imposed prior to your transfer or the period of ineligibility that would have been imposed had you stayed at the school, will be enforced at the school to which you transfer, even if you are otherwise in compliance with the by-laws.

- F. Any questions about your eligibility in any of these instances must be resolved by a formal ruling from the IHSA Executive Director.

- G. In all other transfer situations, a ruling by the IHSA Executive Director is necessary to determine your eligibility. This ruling must be obtained in writing by the principal/official representative of the school into which you transfer before you participate in an interscholastic athletic contest.

5. Age

You will become ineligible on the date you become twenty (20) years of age, unless your twentieth (20th) birthday occurs during a sport season. In that case, you will become ineligible in regard to age at the beginning of the sport season during which your twentieth (20th) birthday occurs.

Athletic Eligibility Rules—Page 2

6. Physical Examination

You must annually have placed on file with your principal/official representative a certificate of physical fitness, signed by a licensed physician, physician's assistant or nurse practitioner in order to practice or participate. Your physical examination each year is good for only one (1) year from the date of the exam. The physician's report must be on file with your high school principal/official representative.

7. Amateur Status

- A. If you win or place in actual competition, you may accept a medal or trophy for that accomplishment, without limit to its cost. Your school may provide IHSA state champions with championship rings/mementoes.
- B. For participating in competition in an interscholastic sport, or for athletic honors or recognition in a sport, you may receive any type of award (except cash, check or legal tender) that does not exceed \$75 fair market value. There is no limitation on the value of your school letter.
- C. The amateur rule does not prohibit you from being paid to referee, receiving pay for teaching lessons or coaching in a little kids league, etc. It only applies to your own competition in an athletic contest.
- D. If you violate the amateur rule, you become ineligible in the sport in which you violate. You must be reinstated by the Executive Director before you may compete again.

8. Recruiting of Athletes

- A. The by-laws prohibit recruiting of high school students for athletics. If you are solicited to enroll in or transfer to a school to participate in athletics, you are being illegally recruited and your eligibility is in jeopardy.
- B. You will lose your eligibility if you enroll in or transfer to a school in response to recruiting efforts by any person or group of persons, connected with or not connected with the school, related to athletic participation.
- C. You will lose your eligibility if you receive special benefits or privileges as a prospective student-athlete which are not uniformly made available to all students who attend your school.
- D. You may not receive an "athletic scholarship" or any other special benefit from your school because you participate in athletics.
- E. It is a violation for any student-athlete to receive or be offered remuneration or any special inducement which is not made available to all applicants who apply to or enroll in the school.
- F. It is also a violation to induce or attempt to induce or encourage any prospective student to attend any member school for the purpose of participating in athletics, even when special remuneration or inducement is not given. Please remember that you may not be offered or receive any benefit, service, privilege or opportunity which is not also provided or made available to all prospective students at that school.

Note: If you are interested in finding out more information about a school, contact the principal/official representative or an administrator at the school, not a member of the coaching staff.

9. School Team Sports Seasons

- A. Each sport conducted by IHSA member schools has a starting and ending date. Your school may not organize a team, begin practice or participate in contests in a given sport until the authorized starting date. Your school may not continue to practice or participate in contests after the authorized ending date. This means that:
 1. During the school year, you may not participate on a non-school team coached by any member of your school's coaching staff unless it meets specific criteria established by the by-laws.
 2. No school coach may require you to participate in an out-of-season sport program as a requirement for being a member of a school team.
- B. Violation of the sport season by-laws will result in penalty to you and/or to your school's coaching personnel.

10. Playing in Non-School Competition

- A. During the time you are participating on a school team in a sport at your high school, you may neither play on a non-school team nor compete in non-school competition as an individual in that same sport or in any skill of that sport.
- B. If you participate in non-school competition during a sport season and subsequently wish to join the school team in the same sport, you will not be eligible.
- C. If you wish to participate in a competition sponsored and conducted by the National Governing Body, or its official Illinois affiliate for the sport, your principal/official representative must request approval in writing from the IHSA Office prior to any such participation.
- D. You may try out for a non-school team while you are on your school's team in that same sport, but you may not practice, receive instruction, participate in workouts, or participate in competition with a non-school team in that same sport until you cease being a member of your school's team. You cease being a member of your school's team when the team(s) of which you are a member terminates for the school term.
- E. You will become ineligible if you participate on, practice with or compete against any junior college, college or university team during your high school career.

11. All-Star Participation

- A. After you have completed your high school eligibility in the sport of football, basketball, soccer or volleyball, you may participate in three (3) all-star contests in any of these sports and still play for other school teams, provided the high school season in that sport has been completed.

You may lose your eligibility for other interscholastic sports if you play in all-star competition in any of these sports under any other conditions.

- B. You are not restricted from participating in all-star competition in sports other than football, basketball soccer or volleyball, except that you may not do so during the school season for the sport.

12. Coaching Schools

- A. A coaching school, camp or clinic is defined as any program, sponsored by an organization or individual, which provides instruction in sports theory and/or skills; which does not culminate in competition, and which is attended by more than two (2) persons from the school which the student attends.
- B. During the school term, you may not attend a coaching school or clinic for any interscholastic sport.
- C. You may attend a coaching school, camp or clinic during the summer (that period between the close of school in the spring and the opening of school in the fall) within the following criteria:
 1. You may not attend a coaching school, camp or clinic for any sport after Sunday of Week No. 5 in the IHSA Standardized Calendar.
- D. You may take a private lesson at any time provided no more than two students from your school are in the private lesson.

13. Misbehavior During Contests

- A. If you violate the ethics of competition or the principles of good sportsmanship, you may be barred from interscholastic athletic contests, either as a participant or spectator or both.
- B. If you are ejected from a contest for unsportsmanlike conduct, you will be ineligible for your team's next contest. You are also subject to other penalties.

The complete set of IHSA By-laws and Policies is available at www.ihsa.org.

Prospective College Athletes

Some student-athletes have a goal to participate in athletics at the collegiate level. The New Trier athletic and post-high school counseling staffs are very willing to help student-athletes pursue this goal. The New Trier Athletic Department and Post High School Counseling staff have created a "Guide for the College Bound Athlete." The guide is free and available online at <http://www.newtrier.k12.il.us>. Please read below for other important tips in the process.

The New Trier Athletic Department offers a College Recruiting Seminar evening for interested parents and students. You may obtain a DVD for review of the most recent presentation by contacting the Athletic Department.

1. Communication with the coach is imperative. Student-athletes who have a strong desire to compete at the collegiate level should schedule an appointment with their coach to discuss this important decision.
2. The driving force behind college selection should ultimately be the academic fit. Athletic opportunities are important, yet secondary to the academic fit and opportunities.
3. Coaches and student-athletes should work in conjunction with the assigned post-high school counselor to develop a 'reality' list of potential college choices.
4. The student-athlete should create a resume that represents their overall high school experience and highlights athletic accomplishments. Coaches and counselors are available to assist if need be. The resume should be reviewed with their coach and post-high school counselor.
5. The student-athlete should create a letter of interest to be sent, along with the resume, to the coaches at these respective colleges. This letter should be reviewed with the coach and counselor before finalizing and mailing it.
6. The student-athlete should meet with their post-high school counselor to discuss the process for registering with the NCAA Eligibility Center www.eligibilitycenter.org. The counselor will also share with you key resource material from the NCAA. (NCAA Guide for the College-Bound Student-Athlete).
7. The NCAA home page is www.ncaa.org



Awards

Each New Trier Athletic Award (Numerals for Freshman, Sophomore, Junior Varsity, and Varsity letters) are presented following completion of the initial season or level in which a student earns the award. In subsequent seasons, the student will be awarded a *pin* (for a second or third Varsity sport) or a *bar* (for the same Varsity sport in the case of multiple year award-winners). **Duplicate awards are not issued.**

Freshman Level Awards

- Numerals are awarded on one occasion, only in the ninth year, to a freshman successfully completing an interscholastic season.
- If a freshman earns an award other than at the freshman level, he or she would receive numerals and the designated award for that level.

Sophomore Level Awards

- Sophomore level – any athlete who earns an award for competition on a sophomore or JV team receives a sophomore or JV letter. During a student-athlete's high school career, one Sophomore letter is awarded.
- A sophomore who competes on a varsity team receives a varsity letter only.

JV Level Awards

- Juniors or seniors who do not earn a varsity letter will receive a JV letter.

Varsity Level Awards

- Letter and Pin – one Varsity letter may be awarded in any one year. Athletes who earn a letter in a succeeding season will be awarded the pin designated for that sport.
- Bar – athlete earning a varsity award in the **Same** sport for two, three or four years.
- Star – athlete earning a varsity award for 4 years or serving as a captain. **The star award** is reserved for the above two circumstances only.

Senior Award

- Picture folder and certificate given to **Seniors** only who have earned a previous Varsity award in that sport. It is **not** a first year varsity award and is given in addition to the bar or star.

All-Conference Certificates

- These are Central Suburban League All-Conference Awards and will be awarded through the coaching staff.

Scholar Athlete Award

- This is an award given by the Central Suburban League Athletic Conference. It recognizes individuals who have been successful in academics as well as athletics. The individual must be a senior and varsity letter winner, have competed in at least two sport seasons of interscholastic competition and have an unweighted grade point average of 3.0 or higher after the 6th semester.

Extra Awards

- Conference Champions – A consistent award will be given to **All CSL Conference Championship Teams** at the **Varsity Level**. This will be a T-shirt designed and ordered through the Athletic Department, recipients determined by coach and Athletic Director(s).
- State Champions will be recognized by the Board of Education. All **State** trophy winners and individual **State** medal winners will be honored at a reception with the Board of Education.
- Any additional Awards will be given at the Varsity level only at the discretion of the Coach and with the approval of the Athletic Department.

General Requirements for Awards

In order to be eligible for any award, an athlete must:

- Complete the season and be in regular attendance at all contests and practice sessions. (participation missed because of an injury or illness will not be counted against an athlete.)
- Adhere to the guidelines of the Athletic Code of Conduct and team rules.
- Any in season or out of season violation may result in the loss of privilege to attend the end of the season sports banquet and receipt of any individual awards.
- Maintain good faith towards the coaches and fellow players and be a positive team member.

Coaches are to establish criteria (i.e., number of varsity contests played in) for earning varsity awards and to communicate those criteria to athletes and parents.

Locations For Trevian Practices

Fall

Girls' Cross Country	Northfield & Winnetka
Boys' Cross Country	Fr @ Northfield; Varsity & JV @ Winnetka
Boys' & Girls' Golf	Winnetka Golf Course & Glencoe Golf Club
Field Hockey	Winnetka Campus
Girls' Swimming & Diving	Fr @ Northfield; Varsity & JV @ Winnetka
Girls' Volleyball	Fr @ Northfield; Varsity, JV & Soph @ Winnetka;
Football	Fr A & B @ Northfield; Soph, JV & Varsity @ Winnetka
Boys' Soccer	Fr A & B @ Fox Meadow; Varsity & Soph @ Northfield; JV @ Northfield
Girls' Tennis	Fr. & Soph @ Northfield; JV @ Winnetka; Varsity @ Nielsen Tennis Courts

Winter

Boys' & Girls' Basketball	Fr @ Northfield; Varsity, JV & Soph @ Winnetka
Boys' & Girls' Bowling	Classic Bowl - Morton Grove
Girls' Gymnastics	Northfield Campus
Wrestling	Fr @ Northfield; Varsity, JV & Soph @ Winnetka
Fencing	Winnetka Campus
Boys' Swimming & Diving	Fr @ Northfield; Varsity & JV @ Winnetka

Spring

Boys' & Girls' Track	Winnetka Campus
Boys' & Girls' Water Polo	Fr @ Northfield; Varsity, JV & Soph @ Winnetka Campus
Badminton	All @ Winnetka
Girls' Soccer	Fr A, JV I & Varsity @ Northfield; Fr B & JV II @ Fox Meadow
Softball	Fr @ Winnetka Campus; Varsity @ Duke Childs JV @ Winnetka Park District Softball Fields
Boys' Tennis	Fr @ Northfield; Soph @ Winnetka; Varsity @ Nielsen Tennis Courts
Baseball	Fr @ Winnetka; Varsity & Soph @ Duke Childs
Boys' Lacrosse	Fr @ Northfield; JV @ Winnetka; Varsity @ Duke Childs
Girls' Lacrosse	Northfield Campus
Boys' Volleyball	Northfield Campus

WINNETKA CAMPUS IS LOCATED AT: 385 WINNETKA AVENUE - BETWEEN GREENBAY & SHERIDAN ROAD.

NORTHFIELD CAMPUS IS LOCATED AT 7 HAPP ROAD IN NORTHFIELD.

FOX MEADOW IS LOCATED AT THE (SE) CORNER OF WILLOW & WAUKEGAN ROADS.

NIELSEN TENNIS COURTS, WINNETKA GOLF COURSE & SOFTBALL FIELDS ARE LOCATED
NORTH OF DUKE CHILDS AT THE CORNER OF WILLOW & HIBBARD ROADS.

DAMMRICH ROWING CENTER IS LOCATED AT 3220 OAKTON STREET IN SKOKIE.

ANY QUESTIONS, PLEASE CALL NEW TRIER ATHLETICS 847-784-2225.

ON RARE OCCASIONS IT IS NECESSARY TO CHANGE THE LOCATION OF
NEW TRIER ATHLETIC COMPETITIONS. THIS MAY BE DUE TO WEATHER OR FACILITY CONFLICTS.

FOR UP TO DATE SCHEDULE & CANCELLATION INFORMATION

PLEASE CHECK THE NEW TRIER ATHLETICS WEB SITE

<http://www.newtrier.k12.il.us> – <http://www.trevianschedule.org>

Locations For Trevian Competition

Fall

Boys' & Girls' Cross country	Wilmette Jr. High (On Locust) & Northfield Campus
Boys' & Girls' Golf	Winnetka Golf Course & Glencoe Golf Club
Field Hockey	Winnetka Campus
Girls' Swimming & Diving	Winnetka Campus
Girls' Volleyball	Winnetka Campus
Football	Fr A & B, Soph, Varsity @ Northfield Campus; JV @ Winnetka
Boys' Soccer	Fr A & B @ Fox Meadow; JV @ Duke Childs; Varsity & Soph @ Northfield
Girls' Tennis	Fr @ Northfield; JV @ Winnetka; Varsity @ Nielsen Tennis Courts

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Spring

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Boys' Water Polo	Winnetka Campus
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Softball	Fr @ Winnetka; Varsity @ Duke Childs JV @ Winnetka Park District Softball Fields
Boys' Tennis	Fr @ Northfield; Soph @ Winnetka; Varsity @ Nielsen Tennis Courts
Baseball	Duke Childs
Boys' Lacrosse	Fr A & B @ Northfield; JV & Varsity @ Winnetka
Girls' Lacrosse	Northfield Campus
Boys' Volleyball	Northfield Campus
Rowing	Dammrich Rowing Center

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<http://www.newtrier.k12.il.us> – <http://www.trevianschedule.org>

Internet Resources

New Trier High School <http://www.newtrier.k12.il.us>
Illinois High School Association <http://www.ihsa.org>
National Collegiate Athletics Association <http://www.ncaa.org>

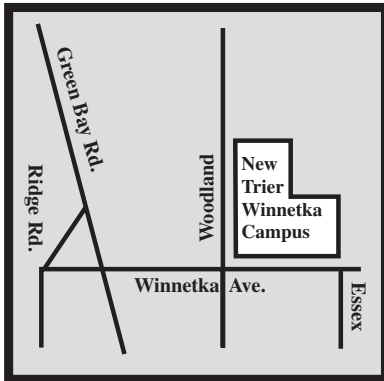
CSL Member Schools

Deerfield <http://dhs.dist113.org>
Des Plaines (Maine West) <http://west.maine207.org>
Evanston (Twp.) <http://www.eths.k12.il.us/>
Glenview (Glenbrook South) <http://www.glenbrook225.org/south/pages/default.aspx>
Highland Park <http://hphs.dist113.org>
Northbrook (Glenbrook North) <http://www.glenbrook225.org/north/pages/default.aspx>
Park Ridge (Maine East) <http://east.maine207.org>
Park Ridge (Maine South) <http://south.maine207.org>
Skokie (Niles North) <http://www.niles-hs.k12.il.us/north/>
Skokie (Niles West) <http://www.niles-hs.k12.il.us/west/>
Waukegan <http://schools.wps60.org/whs/>
Winnetka (New Trier) <http://www.newtrier.k12.il.us/>

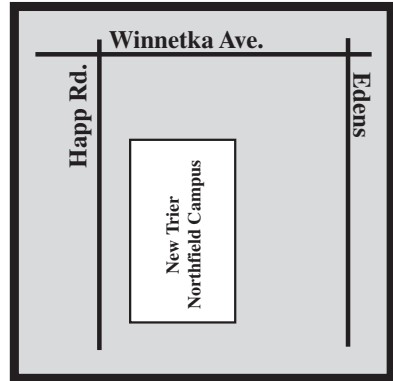




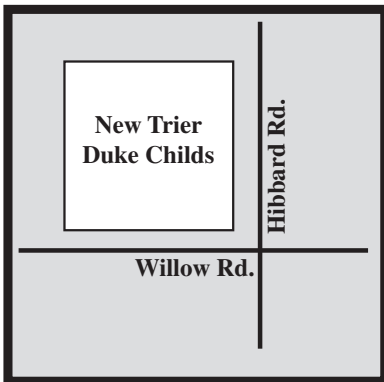
**New Trier Locations
South Division**



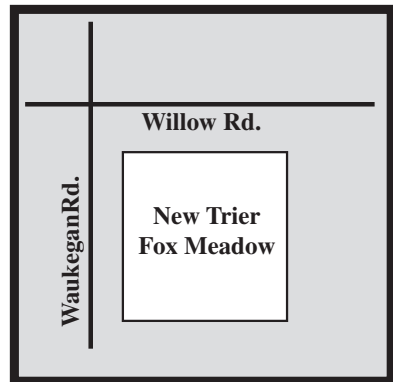
New Trier High School
Winnetka Campus
385 Winnetka Ave.
Winnetka, IL 60093
847-784-2225



New Trier High School
Northfield Campus
7 Happ Rd.
Northfield, IL 60093
847-784-7517



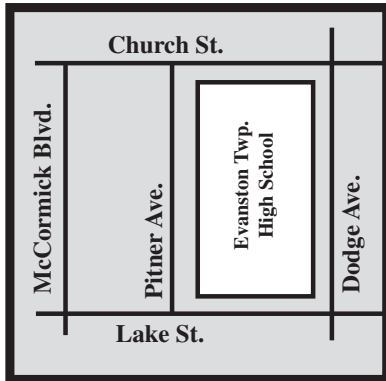
New Trier High School
Duke Childs



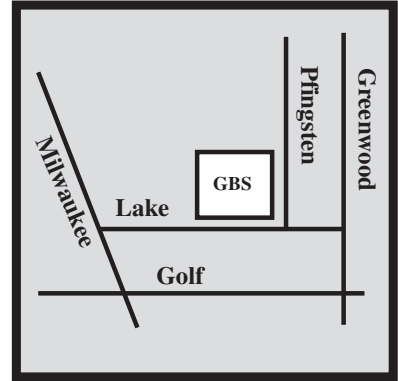
New Trier High School
Fox Meadow



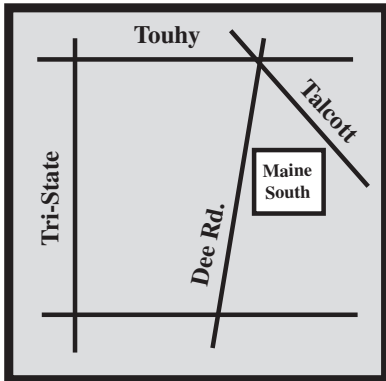
South Division



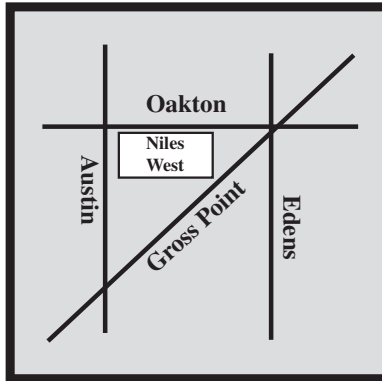
Evanston Township High School
1600 Dodge Av.
Evanston, IL 60204
847-424-7380



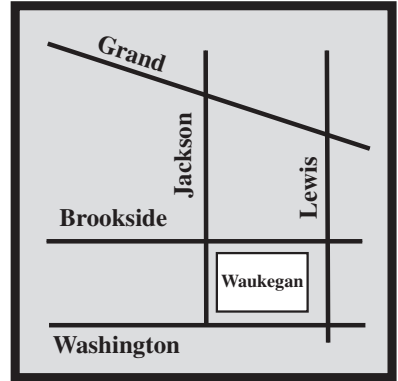
Glenbrook South High School
4000 W. Lake Av.
Glenview, IL 60025
847-486-4424



Maine South High School
1111 S. Dee Rd.
Park Ridge, IL 60068
847-692-8095



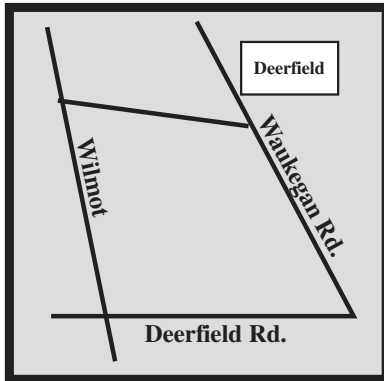
Niles West High School
5701 Oakton
Skokie, IL 60077
847-626-2800



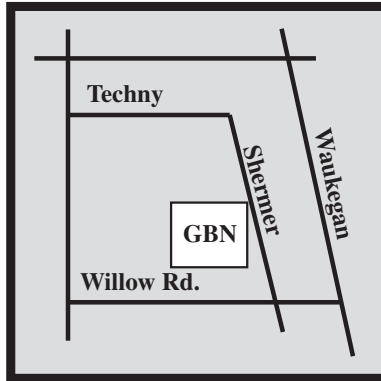
Waukegan High School
2325 Brookside Av.
Waukegan, IL 60085
847-360-5635



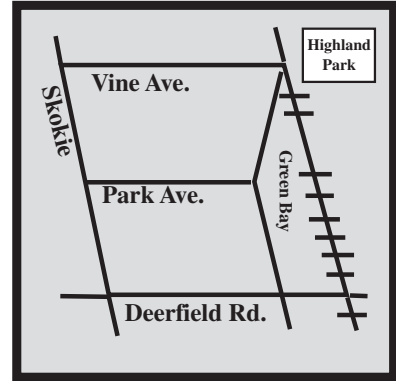
North Division



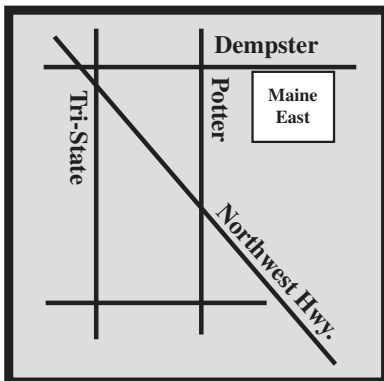
Deerfield High School
1959 N. Waukegan Rd.
Deerfield, IL 60015-1897
224-632-3111



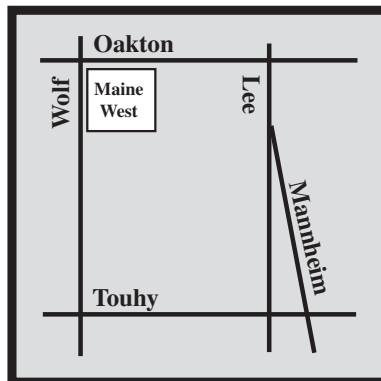
Glenbrook North High School
2300 Shermer Rd.
Northbrook, IL 60062
847-509-2424



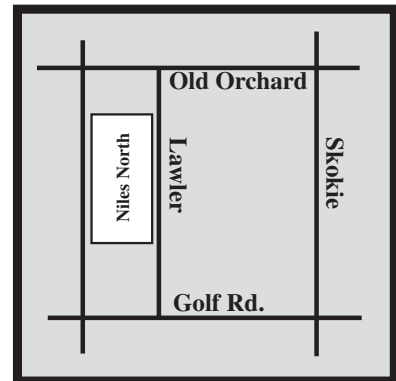
Highland Park High School
433 Vine Av.
Highland Park, IL 60035
224-765-2090



Maine East High School
2601 W. Dempster St.
Park Ridge, IL 60068
847-692-8291



Maine West High School
1755 S. Wolf Rd.
Des Plaines, IL 60018
847-803-5904



Niles North High School
9800 N. Lawler Av.
Skokie, IL 60077
847-626-2301

- NOTES -