



NEW TRIER ROWING

Spring 2010 Team Practice Schedule

WEEK 1 PRACTICE

Monday, March 8 through Saturday March 13

Practice Locations:

DRC (Dammrich Rowing Center), 3220 Oakton (at McCormick), Skokie

RR (NT Rowing Room) Winnetka Campus Field House, room off the indoor track

GIRLS	Mon- 3/8	Tue - 3/9	Wed- 3/10	Thur - 3/11	Fri - 3/12	Sat - 3/13
V	DRC 4-6 pm	RR 4-6 pm	DRC 4-6 pm	RR 4-6 pm	RR 4-6 pm	DRC 8-10am
JV	RR 6-8	RR 4-6	DRC 6-8	RR 4-6	RR 4-6	DRC 8-10am
N	DRC 6-8	RR 4-6	DRC 6-8	RR 4-6	RR 4-6	TIRO CUP
BOYS	Mon- 3/8	Tue - 3/9	Wed- 3/10	Thur - 3/11	Fri - 3/12	Sat - 3/13
V	RR 3:45-6 pm	DRC 4-6 pm	RR 4:35-7 pm	DRC 4-6	DRC 4-6	DRC 10 am-12pm
JV	RR 3:45-6	DRC 4-6	RR 4:35-7 pm	DRC 4-6	DRC 4-6	DRC 10 am-12
N	RR 3:45-6	DRC 6-8	RR 3:35-6	DRC 4-6 pm	RR 3:45-6	TIRO CUP

1) Rowers and Parents: there will be a **Mandatory Meeting Thursday, March 11th from 7-8 pm in the NT Winnetka Campus Cafeteria.**

2) Girls participating in Jr. National ID Camp go to DRC from 9am- 3pm on Saturday, March 13th.

3) Novice team competes in indoor erg competition, TIRO CUP on Saturday, March 13th.

4) Boys uniform try-ons, Monday 8th, 6-7 pm at:

Sorensen's Home

173 Fuller Lane

Winnetka

Questions: Laura Sorensen

laurasorensen@comcast.com

5) Girls uniform try-ons, Tuesday 9th, 6-7 pm at:



NEW TRIER ROWING

REGULAR SEASON PRACTICE SCHEDULE

Begins Monday, March 15, 2009

Practice Locations:

DRC (Dammrich Rowing Center), 3220 Oakton (at McCormick), Skokie

RR (NT Rowing Room) Winnetka Campus Field House, room off the indoor track

GIRLS	Mon - 3/15	Tue - 3/16	Wed - 3/17	Thur - 3/18	Fri - 3/19	Sat - 3/20
V	DRC 4-6 pm	RR 4-6 pm	DRC 4-6 pm	RR 4-6 pm	DRC 4-6 pm	DRC 8-10 am
JV	DRC 4-6	RR 4-6	DRC 4-6	RR 4-6	DRC or RR 4-6	DRC 8-10
N	DRC 4-6	RR 4-6	DRC 4-6	RR 4-6	DRC or RR 4-6	DRC 8-10
BOYS	Mon - 3/15	Tue - 3/16	Wed - 3/17	Thur - 3/18	Fri - 3/19	Sat - 3/20
V	RR 4-6	DRC 4-6	RR 5-7 pm	DRC 4-6	DRC 4-6	DRC 10am-12pm
JV	RR 4-6	DRC 4-6	RR 5-7 pm	DRC 4-6	DRC or RR 4-6	DRC 10-12
N	DRC 4-6	DRC 4-6	RR 4-6	DRC 4-6	DRC or RR 4-6	DRC 10-12

Please Note: Friday practices for JV and Novice typically alternate between boys and girls at the DRC and RR