



NEW TRIER ROWING

SPRING 2010 TRYOUT SCHEDULE

Monday, March 1 – Saturday, March 6

Practice Locations:

DRC (Dammrich Rowing Center), 3220 Oakton (at McCormick), Skokie

RR (NT Rowing Room), Winnetka Campus Field House, room off the indoor track

GIRLS	Mon- 3/1	Tue - 3/2	Wed- 3/3	Thur - 3/4	Fri - 3/5	Sat - 3/6
V	RR 6-8 pm	RR 4-6 pm	DRC 5:30-7 pm	RR 4-6 pm	RR 4-6 pm	DRC 8-10 am
JV	RR 6-8 pm	RR 4-6 pm	DRC 5:30-7 pm	RR 4-6 pm	RR 4-6 pm	DRC 8-10 am
N	RR 6-8 pm	RR 4-6 pm	DRC 6:30-8 pm	RR 4-6 pm	RR 4-6 pm	DRC 8-10 am
BOYS	Mon- 3/1	Tue - 3/2	Wed- 3/3	Thur - 3/4	Fri - 3/5	Sat - 3/6
V	RR 3:45-6 pm	DRC 4-6 pm	RR 5-7 pm	DRC 4-6 pm	DRC 4-6 pm	DRC 1-3 pm
JV	RR 3:45-6 pm	DRC 4-6 pm	RR 5-7 pm	DRC 4-6 pm	DRC 4-6 pm	DRC 1-3 pm
N	RR 3:45-6 pm	DRC 6-8 pm	RR 3:45-6 pm	DRC 6-8 pm	RR 6-8 pm	RR 10 am-12

Please Note: Rowers must report to the RR on March 1st with running shoes, socks, rowing trou (tight fitting shorts/biking-style shorts) and water bottle as there will be an erg test and conditioning drills.