



Adventure Program Sample Itinerary

Day 1

The first day is for orientation. Students become acquainted with one another, the staff and the senior helpers that will be attending the trip. Students are involved with a number of team building and icebreaker games. A pizza lunch will be provided. The trip is discussed and instructions are given for the following three days.

Day 2

The group will meet at 8:30 a.m. at the Northfield Campus. Buses will transport the group to Devil's Lake State Park in Baraboo, Wisconsin, arriving around lunch time. Students will then work together to make camp and get acquainted with their new surroundings. The afternoon will involve hiking the beautiful nature trails around Devil's Lake and a scavenger hunt. Students will be able to choose from a variety of hikes based on interest and difficulty level so that they can comfortably take part and start developing deeper relationships with peers. In the evening, the groups will work together to cook their meal over an open fire before settling down for some campfire games and talks.

Day 3

This day is filled with a multitude of games and activities. A portion of the day is spent rock climbing the beautiful quartzite cliffs that surround Devil's Lake. Students participate at their own level and pace. Some may choose to climb various climbs, some may only choose to harness up and try a few feet. It is the student's choice. Optional swimming and team building activities fill the rest of this day, culminating with the Adventure Program barbeque and legendary "Capture the Flag" challenge.

Day 4

This last day is used to collectively evaluate the experience. Students take down camp and then participate in a reflection activity. They will be asked to think about what was gained from the past few days and what goals can be strived for during the upcoming school year. Students return to the school around 2:00 p.m.

Fall Program

The fall program begins with students meeting in their small groups for a pizza lunch during the first week of school. Students have the opportunity to talk with the friends that they have grown comfortable with during the summer program. Over the course of the next six weeks, the trip sponsors will meet with the students two more times to check in on their progress to help them make the transition into high school and the Northfield Campus. This program is concluded with a family dinner at the school in early October. A slide show of the trip is presented and connections are made for the school year.