

Advocacy  
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Association of Parents and Staff

# Anxiety/School Refusal

Presented by APS and SEA203



Jackie Rhew, LCPC,  
Therapist and Clinical  
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Alexian Brothers  
Behavioral Health  
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for Emotional Wellness



Dr. Patrick McGrath,  
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School Anxiety and  
School Refusal  
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**Tuesday, September 17, 2019**

**Morning Session 9:30 am to 11:30 am**

**New Trier High School**

**7 Happ Road. Board Room C234, Building C**

**Northfield, IL 60093**

This presentation will review specific interventions designed to assist children in managing their anxiety, as well as promote increased motivation, healthy goals setting and active school engagement for the child. Factors that contribute to avoidant behaviors, as well as ways to early identify maladaptive copy responses will be explored. Attendees leaving the presentation will have learned how to develop parenting strategies to assist their children with healthy coping responses and engage them in effective communication and language that promotes self-advocacy and independence.

Jacqueline Rhew is the co-founder of the Center for Emotional Wellness of the Northwest Suburbs; she is an expert in her field and is called upon by hundreds of school districts both locally and internationally for consulting staff in order to better serve their youth. Jacqueline serves as a clinical liaison for AMITA Health Alexian Brothers Behavioral Health Hospital.

Patrick McGrath, PhD is the Assistant Vice President of Residential Services at AMITA Health Behavioral Medicine Institute. He is the Executive Director of the Foglia Family Foundation Residential Treatment Center and the Clinical Director for the Center for Anxiety and OCD and the School Anxiety and School Refusal Program at AMITA Health Alexian Brothers Behavioral Health Hospital in Hoffman Estates

**ADVANCE REGISTRATION IS REQUIRED. Register by Friday, September 13, 2019.**

You can register by completing [this registration form](#) or by visiting the NSSD APS website at:

<https://sites.google.com/a/nssed.org/apsweb/>