



## FALL 2020 TRYOUT SCHEDULE

(revised 8/4/2020)

**Wednesday, August 12 – Tuesday, August 18**

**Practice Locations:**

**DRC** (Dammrich Rowing Center), 3220 Oakton (east of McCormick Blvd.), Skokie.

**NF** (Courtyard outside of Northfield Commons Hallway), Northfield Campus, ground floor in B building hallway between Commons & F building.

<b>GIRLS</b>	<b>Wed – 8/12</b>	<b>Thu – 8/13</b>	<b>Fri – 8/14</b>	<b>Mon – 8/17</b>	<b>Tue – 8/18</b>
<b>V/JV</b>	DRC 1-3 pm	NF 1-3 pm	DRC 1-3 pm	NF 1-3 pm	NF 1-3 pm
<b>N</b>	NF 7:30-10 am	NF 8-10 am	NF 8-10 am	NF 8-10 am	NF 8-10 am
<b>BOYS</b>	<b>Wed – 8/12</b>	<b>Thu – 8/13</b>	<b>Fri – 8/14</b>	<b>Mon – 8/17</b>	<b>Tue – 8/18</b>
<b>V/JV</b>	NF 5:30-7:00 pm	DRC 6-8 pm	NF 5:30-7:00 pm	DRC 6-8 pm	DRC 6-8 pm
<b>N</b>	NF 3-5:30 pm	NF 4-6 pm	NF 3:30-5:30 pm	NF 4-6 pm	NF 4-6 pm

Please note: Rowers should report to the RL or NF on August 12th with running shoes, socks, "rowing trou" (tight fitting/biking-style shorts) and a water bottle. All new rowers are required to pass a basic swim test and watch the USRowing safety video before they can row on the water. The swim test is tentatively scheduled for Wednesday, August 19<sup>th</sup> and the safety video will be viewed at home under parent supervision.

In case of inclement weather, the tryout day will not be held indoors. Instead it will either be cancelled or an alternative independent workout or Zoom workout will be prescribed by your coach.

**Final rosters will be emailed to all registered rowers the evening of Tuesday, August 18<sup>th</sup>. The regular season begins on Wednesday, August 19<sup>th</sup>; student attendance begins Wednesday, August 26<sup>th</sup>.**