



2019 New Trier Boys Soccer Freshman Summer School



Welcome

The New Trier Summer Soccer Program is designed to promote the following:

- *Help the coaching staff get to know you as a player and as a person*
- *Help you get to know the coaching staff and our program expectations*
- *Improve your technical, tactical, physical, and mental skills in a fun, safe, and player-centered environment*

We will have fun and work hard to improve ourselves every day! Our expectation is that you show up ready to play. You will receive a ball and a program t-shirt. Bring your ball to camp every day and wear your t-shirt on game days.

To receive updates about the soccer program, weather alerts, and/or other changes please sign up:

1. Download the Remind App onto your mobile device (Android & iPhone versions available)
2. Subscribe to the desired Summer School Group
 - a. Student-athletes → @ntbs-sum
 - b. Parents → @ntbsparent
3. If you would prefer not to use your mobile device, check out the web-based option:
 - a. Go to <http://www.remind.com>
 - b. Create an account
 - c. Subscribe to @ntbs-sum or @ntbsparent
4. **You must re-subscribe each summer!**

Expectations

Arrive early and be ready to start our team warm-up at the set time. Each day of camp, you must check-in with the coaching staff at the shed or in the bleachers before entering the stadium.

You must have soccer cleats, shin guards, soccer shorts and an athletic t-shirt in order to practice. You may not wear your local club team gear to New Trier soccer practice. You may, however, proudly rep your favorite professional club teams and international teams!

Water: Bring a water bottle every day! We will also have water available on campus for refilling water bottles and/or quick water breaks during training.

Soccer Ball: Bring your New Trier summer league soccer ball every day!

Training Sessions: → 6/17, 6/19, 6/24, 6/26, 7/8, 7/10, 7/15, 7/17, 7/22, 7/23, 7/24, 7/25
Time and Location: → 3:30 PM - 5:15 PM at the Northfield Campus

CSL Summer Soccer League: → 6/18, 6/20, 6/25, 6/27, 7/9, 7/11, 7/16, 7/18
Time and Location: → Varies (refer to *CSL Summer League PDF*)

As a member of our summer school program, you are automatically eligible to play in CSL Summer Soccer League games. Game times vary so please double check the CSL Boys Soccer Summer League schedule on game days. We expect you to arrive 30 minutes early to allow for a proper warm up. You are responsible for transportation to and from all practices and games, including away games. Car pools are highly encouraged!

Your uniform will be your forest green summer soccer t-shirt. You will also need to wear black or navy shorts with forest green socks. If needed, you can purchase forest green socks (1 pair for \$10.00) from New Trier. Team assignments may vary from week to week. You will only be allowed to play in the game you are assigned to for that week. Teams will be posted on a weekly basis outside of the soccer shed. They will also be sent out weekly through Remind.

| ***2019 Important Dates*** | |
|--------------------------------------|---------------------------------|
| Event | Date |
| 2018-19 NTHS School Year Ends | Thursday, 6/13 |
| Summer School Soccer Begins | Monday, 6/17 |
| Summer School Soccer Ends | Thursday, 7/25 |
| Soccer Tryouts Begin | Monday, 8/12 |
| First Game vs. Fremd – All Levels | Monday, 8/26 |
| 2019-20 NTHS School Year Begins | |
| Last Game – Frosh, Sophomore, and JV | Saturday, 10/19 |
| Program Banquet | Monday, 10/21 |
| IHSA 3A State Finals | Friday, 11/8 and Saturday, 11/9 |