



2019 New Trier Boys Soccer Tryout Info



2019 Important Dates

| Event | Date |
|--------------------------------------|---------------------------------|
| 2018-19 NTHS School Year Ends | Thursday, 6/13 |
| Summer School Soccer Begins | Monday, 6/17 |
| Summer School Soccer Ends | Thursday, 7/25 |
| Soccer Tryouts Begin | Monday, 8/12 |
| First Game vs. Fremd – All Levels | Monday, 8/26 |
| 2019-20 NTHS School Year Begins | |
| Last Game – Frosh, Sophomore, and JV | Saturday, 10/19 |
| Program Banquet | Monday, 10/21 |
| IHSA 3A State Finals | Friday, 11/8 and Saturday, 11/9 |

Tryouts for the 2019 NTBS fall season begin on Monday, August 12, 2019.¹ All age groups will start their tryout at **6:00am** on the Northfield Campus. The first tryout session will include a fitness test (the Beep Test, or Multi-Stage Fitness Test) and additional small-sided activities. Later tryout sessions will evaluate offensive (dribbling, passing, receiving, shooting, etc.) and defensive (pressure, cover, tackling, heading, etc.) technical skills in 1v1, 2v1, and 2v2 scenarios as well as overall skills in small-sided and full regulation 11v11 games.

With the exception of returning varsity players, all athletes will begin tryouts with their age group (rising freshmen, rising sophomores, and rising juniors/seniors). Any movement of individual players to an older age group during tryouts will be at the discretion of the coaching staff and communicated to families privately.

Unquestionably, selecting teams is the most difficult part of every season. As a program, we plan to field five teams (Varsity, JV, Sophomore, Frosh A, and Frosh B) and will likely make cuts at all levels. We acknowledge that the tryout process can be challenging on many levels for athletes and their families. Please know that we, the NTBS coaching staff, will make every effort to ensure a safe, fair, and thorough tryout experience for all athletes. Final decisions regarding team selection will be made in a private conversation between an athlete and coach(es). Please also be aware of the following:

- **Players that do not attend tryouts are not eligible to participate in the 2019 Boys Soccer Season!**
- In order to participate in tryouts, each player must register **online** at least one week before the start of tryouts (i.e., Monday, August 5th 2019) → <https://newtrierhs-ar.rschooltoday.com/>

¹ The Boys Soccer season calendar is set each year by the IHSA. For more information, please visit: <https://www.ihsa.org/SportsActivities/BoysSoccer/5YearSeasonCalendar.aspx>

- **New for 2019-20** → The athletic department no longer collects physicals, you must submit a current physical to Health Services before a student-athlete is authorized to participate in tryouts:
 - Scan/email physical to healthservices@nthsh.net
 - Fax physical to (847) 835-9852
 - Deliver physical in person to Winnetka Room 029 or Northfield Room D105
- Physical form can be downloaded here: https://newtrierhs-ar.rschooltoday.com/sites/newtrierhs-ar.rschooltoday.com/files/upload/health_exam_form_sp.pdf
- Soccer cleats, shin guards, athletic shorts, and an athletic t-shirt are required to play.
- After the first tryout session, the remaining tryout sessions for freshman (Tuesday morning 8/13/19 to Friday morning 8/16/19) will be at Fox Meadow.
- All sophomore and junior/senior tryout sessions will be at Northfield.
- Final selections for all levels will be made after Session #5 on Friday, 8/16/19.
- Rising seniors will not be selected for the JV team.
- Roster sizes tend to fall within the range of 18-22 players (includes GKs).
- Technical skill, tactical acumen, athleticism, and size are important factors in team selection, but so are attitude, character, maturity, and hustle!
- Local club gear is not permitted during tryouts.
- Cross Country (Head Coach Dave Wisner) and Football (Head Coach Brian Doll) are options for athletes who are not selected for a soccer team.
- Good luck to everyone trying out!!!
- If you have any questions, please contact Head Coach Matt Ravenscraft
 - Email → ravenscm@nthsh.net
 - Office Phone → (847) 784-6673
- Please refer to the schedule below for the first TWO weeks of the soccer season (i.e., August 12—August 26):

Monday, August 12

Tryout Session #1: Check-in, Fitness Test (Running Shoes), and small-sided Games (Cleats, Shin Guards)

| Time | Location | Level(s) |
|-------------|---------------------------|-----------------|
| 6am—9am | Northfield Stadium (Turf) | ALL |

Tuesday, August 13

Tryout Session #2

| Time | Location | Level(s) |
|-------------|-----------------|-----------------|
| 7am—10am | Fox Meadow | Freshman |
| 7am—10am | Field 4 (Turf) | Sophomore |
| 7am—10am | Stadium (Turf) | Junior/Senior |

Wednesday, August 14

Tryout Session #3

| Time | Location | Level(s) |
|-------------|-----------------|-----------------|
| 7am—10am | Fox Meadow | Freshman |
| 7am—10am | Field 4 (Turf) | Sophomore |
| 7am—10am | Stadium (Turf) | Junior/Senior |

Thursday, August 15

Tryout Session #4

| Time | Location | Level(s) |
|-------------|-----------------|-----------------|
| 7am—10am | Fox Meadow | Freshman |
| 7am—10am | Field 4 (Turf) | Sophomore |
| 7am—10am | Stadium (Turf) | Junior/Senior |

Friday, August 16

Tryout Session #5

| Time | Location | Level(s) |
|-------------|-----------------|-----------------|
| 7am—10am | Fox Meadow | Freshman |
| 7am—10am | Field 4 (Turf) | Sophomore |
| 7am—10am | Stadium (Turf) | Junior/Senior |

Saturday, August 17

Morning Training (1st training session for 2019 fall teams)

| Time | Location | Level(s) |
|-------------|---------------------------|-----------------|
| 8am—10am | Fox Meadow | Freshman |
| 10am—12pm | Northfield Stadium (Turf) | Varsity |
| 8am—10am | Northfield (Grass) | Sophomore, JV |

Afternoon Training

| Time | Location | Level(s) |
|-------------|-----------------|-----------------|
| 3pm—5pm | Northfield | Varsity |

Sunday, August 18

REST DAY - ALL LEVELS

Monday, August 19

Morning Training: Program Training Session #1

| Time | Location | Level(s) |
|-------------|---------------------------|-----------------|
| 8am—10am | Northfield Stadium (Turf) | ALL |

Afternoon Training

| Time | Location | Level(s) |
|-------------|--------------------------|-----------------|
| 3pm—5pm | Northfield (Turf, Grass) | ALL |

Tuesday, August 20

NO MORNING TRAINING

Afternoon Training

| Time | Location | Level(s) |
|-------------|--------------------------|-----------------|
| 3pm—5pm | Northfield (Turf, Grass) | ALL |

*****Mandatory Sports Information Meeting, Northfield Stage Gym*****

TUESDAY, AUGUST 20, 6:30pm—7:30pm

Players – Parents – Coaches

Wednesday, August 21

Morning Training

| Time | Location | Level(s) |
|-------------|--------------------------|-----------------|
| 8am—10am | Northfield (Turf, Grass) | ALL |

Afternoon Training

| Time | Location | Level(s) |
|-------------|--------------------------|-----------------|
| 3pm—5pm | Northfield (Turf, Grass) | ALL |

Thursday, August 22

NO MORNING TRAINING

Afternoon Training: SCRIMMAGE SCHEDULE

| Time | Stadium (Turf) | Field 2 (Grass) |
|---------------|-----------------------|------------------------|
| 4:00pm—4:40pm | Frosh A vs. Soph | Frosh B vs. Frosh B |
| 4:45pm—5:25pm | JV vs. Soph | Frosh A vs. Frosh B |
| 5:30pm—6:10pm | Varsity vs. JV | N/A |
| 6:15pm—6:55pm | Varsity vs. Varsity | N/A |

Friday, August 23

NO MORNING TRAINING

Afternoon training: Program Training Session #2

| Time | Location | Level(s) |
|-------------|--------------------------|-----------------|
| 3pm—5pm | Northfield (Turf, Grass) | ALL |

Saturday, August 24 (TEAM PICTURE DAY)

Morning Training

| Time | Location | Level(s) |
|----------------------------|---------------------------|-----------------|
| TBD (Picture Schedule TBD) | Northfield Stadium (Turf) | Varsity |

NO AFTERNOON TRAINING

Sunday, August 25

REST DAY – ALL LEVELS

Monday, August 26

Season Opening Match vs. Fremd!!! (ALL LEVELS)

As soon as teams are made, each coach will issue their respective team's training schedules via email and/or the REMIND APP for Monday, 8/26 and beyond.