

- 1) Name: Matt Kaskey
- 2) New Trier sport(s): Football; Shot and Disc (Soph, Jr year)
- 3) Suburb you lived in (when you went to New Trier): Winnetka
- 4) What year did you graduate NT? 2015
- 5) Where do you live now? Los Angeles
- 6) Who were your coaches? Coach Doll and Coach Hessling
- 7) HS sports accomplishments/awards/honors:
 - Captain
 - All conference
 - All area
 - All Chicagoland
 - Honorable mention all-state
- 8) Favorite high school *individual sports* memory: Making it to the Quarterfinals Senior year
- 9) Favorite high school *team* memory: Making it to the Quarterfinals Senior year
- 10) Who was your biggest team rival? Evanston football team
- 11) Favorite class/ teacher at NT: US History with Plank; Environmental Science with Lanham
- 12) Where did you attend college: Dartmouth College
- 13) Compare your HS sports experience to your college experience:

The biggest difference is the amount of time that you have to put in to be successful. Not many people play multiple sports in college which means you put all your time into one sport.
- 14) College sports accomplishments:
 - 2015 Ivy League champion
 - Team Captain
 - 2x 1st team all ivy
 - 1x honorable mention all ivy
 - 2x all New England
 - 1x 2nd team all American
- 15) Favorite college sports moments: Coming back from being down 21-0 against Yale in 2017

16) Area of study: History

17) What do you do now? Football player for the LA Rams

18) If you could go back in time and give yourself advice/wisdom as you are starting Freshman year at New Trier, what would that advice be?

Trust the process and do the little things. Set short term goals that are achievable and do everything possible to win.

19) What would you do differently if you could do it again? Nothing.



