

- 1) Name: Matt Kelly
- 2) Suburb you lived in when you went to New Trier: Kenilworth
- 3) Grad years: NT '05, University of Virginia '09
- 4) Where do you live now? Chicago (Old Town)
- 5) New trier sports:

- Football (2002-2005)
- Baseball (2002)
- Indoor Track (2002)
- Lacrosse (2003-2005)

- 6) Who were your coaches?

John Combs (2005), Tom Herrala (2003-2005), Jason Schoenwetter (2003-2005), Greg Hebert (2003-2004) *I had a great opportunity to coach with Tom Herrala and Jason Schoenwetter for 4 years from 2013-2016*; Dan Mortier, Bob Levin, Dennis Hall, Mike Napoleon, Tom Hessling, Brian Doll

- 7) HS sports accomplishments/awards/honors:

- All-Conference lacrosse 2003-2005
- All-American lacrosse 2005
- All-State lacrosse 2004-2005
- All-Conference football 2003-2005
- CSL Offensive Conference Player of the Year 2005
- All-state running back 2005

- 8) Favorite high school individual sports memory

- Rushing for 358 yards and a few touchdowns in a game to beat Niles West and Rashard Mendenhall senior year, he was the best/toughest athlete I had ever stepped on the same field with.
- Breaking the all-time groundball record for new trier lacrosse (which was later broken by Mike Germano and then Matt Solberg who I had the pleasure to coach at new trier)

- 9) Who was your biggest team or individual rival in HS, and where did they go to school?

- Team: Evanston (Football), Loyola (Lacrosse)
- Rashard Mendenhall (Niles West)

10) Favorite class and/or teacher at NT Chris Argiorio – Spanish

11) Where did you attend college University of Virginia

12) Compare your HS sports experience to your college experience

Sort of similar, but also different. I was surrounded by great coaches/trainers and unselfish teammates. Was fortunate to be on state/national championship teams in high school and college. That part was all similar.

The main difference is the commitment level. In college it is more of a full time job and that is year round. Lacrosse is a spring sport, and we would practice 6 days a week beginning the first week of September. We weren't allowed to go on fall break, or we have about 48 hours to do it. You have to schedule your classes earlier because you are at the practice facility by 2pm (lets say 1:15pm if you have a nagging injury). After the trainers room, practice, film in the locker room, weight room, training room again, back to the locker room, athletic dining hall, tutors, etc. Until 9ish pm, sometimes the library after that if you have an exam to prepare for. But it is similar to high school, what you put in is what you get out.

13) College sports accomplishments

- National champions (2006),
- 3 final four appearances (2006, 2008, 2009),
- ACC champions (2006),
- Inside Lacrosse All Freshman Team (2006),
- USILA All-American (2009),
- Inside Lacrosse Hardest Hitter in College Lacrosse (voted by peers),
- Thomas C. Rixey Scholarship (awarded for dedication, loyalty, and hard work)

14) Favorite college sports moments

Sitting in the locker room at Lincoln financial field with my teammates before walking out to a crowd of 55,000 people for the national championship on Memorial Day. Celebrating afterwards with family/friends was the cherry on top. My entire immediate family was there to share/enjoy the moment and there is no way I could have ever reached that height in my athletic career without any of them. My two older brothers (NT 98 and 99) made me mentally tough. My parents spent endless hours driving/attending/taping/watching sporting events. Dad – thanks for all the driving.

15) Area of study: History

16) What do you do now? Investment Management Distribution (William Blair)

17) If you could go back in time and give yourself advice/wisdom as you are starting freshman year at NT, what would that advice be? Take it easy on the Chipotle intake

18) What would you do differently if you could do it again? Not a whole lot, it was an awesome experience and I was surrounded by tons of great people.



