

1) Name: Peter Cotsirilos

2) New Trier sport(s): XC/Track

3) Suburb you lived in (when you went to New Trier): Wilmette

4) What year did you graduate NT? 2014

5) Where do you live now? Roseville, CA (as of August 2019)

6) Who was your coach? Wisner

7) HS sports accomplishments/awards/honors:

- Competed at state in Track all four years
- All-State XC (Finished 18th in 2013, I believe)
- Distance captain for Track 2014
- High school PRs of 4:13 and 1:53 in 1600m and 800m, respectively

8) Favorite high school *individual sports* memory:  
Scoring 8th place in the 1600m finals my Senior year

9) Favorite high school team memory:  
My Senior year's 4x800 team breaking the school record and scoring 3rd at State a week later

10) Who was your biggest team rival or individual rival in HS, and where did they go to school?:  
Jack Carpenter, Maine South's top distance guy at the time

11) Favorite class at NT:

Literature & Film (if you don't *need* AP English on your resume, do yourself a favor and take this class)

12) Where did you attend college? Cal Poly, San Luis Obispo

13) Compare your HS sports experience to your college experience:

College had much higher intensity in every area; workouts, training schedules, and especially competition at the DI level. Team was much more tight-knit, and holding each other accountable was critical.

14) College sports accomplishments:

- Big-West Conference All-Academic Honors 2015-18 (awarded for holding a >3.0 GPA + competing during the season)
- Scored at conference in both Track and XC in 2017-18

15) Favorite college sports moments:

Racing to a team XC conference victory in 2016. The race was held in Hawaii, and Cal Poly scored 18 points after losing to our rival team, UC Santa Barbara, for the previous two years during conference. Cal Poly won XC conference for the next two years, the remainder of my collegiate athletic career.

16) Area of study: Mechanical Engineering

17) What do you do now? Project Management for Synoptek, an IT company

18) If you could go back in time and give yourself advice/wisdom as you are starting Freshman year at New Trier, what would that advice be?

Don't be afraid to branch out, meeting the right people can make for a much more fulfilling experience. It may take a few tries, but don't be discouraged.

19) What would you do differently if you could do it again?

Stress less (but still, get the work done) and spend more time with the important people in my life.



