

NOVICE ON-THE-WATER ROWING CAMP

Summer 2020



NEW TRIER
extension



High school rowers, or rowers with less than one year of rowing experience who will be at least an incoming high school freshman, are invited to participate. Students may select the week(s) that work best for their schedule and are encouraged to participate in all four weeks. On-the-water sessions are designed to compliment the ergometer classes, and develop and reinforce proper rowing technique in a fun co-ed environment. Appropriate level conditioning and race strategies will be incorporated. All participants are expected to know how to swim.

The camps are led by New Trier High School coaches and video analysis will be provided. The camp fee covers coaching, facilities, and boat usage. In case of inclement weather class will be cancelled; **No refunds**. Space is limited.

202-631 Monday-Friday (July 13-31)

Week 1 (July 13-17)	4:30-6:30 p.m.
Location: Dammrich Rowing Center, 3220 Oakton (at McCormick), Skokie	\$225 _____
Week 2 (July 20-24)	4:30-6:30 p.m.
Location: Dammrich Rowing Center, 3220 Oakton (at McCormick), Skokie	\$225 _____
Week 3 (July 27-31)	4:30-6:30 p.m.
Location: Dammrich Rowing Center, 3220 Oakton (at McCormick), Skokie	\$225 _____

Total Payment \$ _____

Name: _____ Birthdate: _____

Address: _____

City: _____ Zip: _____

Phone: _____ Email: _____

Emergency Contact: _____ Phone: _____

QUESTIONS? Call us at (847) 446-6600 | **REGISTER ONLINE** at www.ntx203.net

REGISTRATION IS ONLINE ONLY!

If you need to make other arrangements, please email us at xtension@nth.net.

WAIVER

I agree on my behalf to the waiver, hold harmless, and indemnification terms and all other terms included on reverse side of this registration form.

Signature _____ Date _____

(Signature REQUIRED to process registration)

I recognize and acknowledge that there are certain risks of physical injury to participants in the course or courses identified on page 1 of this registration form (the "Course"), and I voluntarily agree to assume the full risk of any and all injuries, damages, or loss, regardless of severity, that I or my minor child/ward sustain as a result of participation.

I release and discharge New Trier Township High School District No. 203, the New Trier Extension Program, including the Board of Education, its members, employees, agents, and volunteers ("New Trier High School") from any and all claims from injuries, including death, damages, or losses which I or my child/ward may have or which may accrue on account of participation in the Course.

I further agree to indemnify, hold harmless, and defend New Trier High School from any and all claims resulting from injuries, including death, damages, and losses that I or my child/ward sustain arising out of, connected with, or in any way associated with the activities of the Course.

It is my express intent that this waiver and release shall bind the members of my family, spouse, heirs, assigns, and personal representatives and shall be deemed as a release, waiver, discharge, and covenant not to sue New Trier High School.

In the event of an emergency, I authorize New Trier High School to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my or my child/ward's immediate care and agree that I or my child/ward's will be responsible for payment of any and all medical services rendered.

I have read and understand the registration form, including the warning of risk, assumption of risk and waiver and release of all claims.

If any term, covenant, condition, or provision of this registration form is held by a court of competent jurisdiction to be invalid, void, or unenforceable, the remainder of the provisions shall remain in full force and effect and shall in no way be affected, impaired, or invalidated.