



# Fall 2019 Junior Programs

Parent University provides programs and resources to help parents better understand the New Trier experience and support the parenting of teens both in and out of the classroom.

## Fall Parent Coffee

**Tuesday, October 8, 9:30-11:00am**

**Private home - see email for address**

Junior parents are invited to meet with Scott Williams, Assistant Principal for Student Services, Tiffany Myers, Social Work Chair and Jerry Sarabia, school resource police officer, to discuss topics important to our teens - Social Media, Substance Use, Teen and Stress.

## Healthy Teens: Promoting Mental Wellness

**Wednesday, October 16, 7:00-8:30 PM**

**Cornog Auditorium (N)**

Please join Assistant Superintendent for Student Services, Tim Hayes, and a panel of New Trier faculty to discuss how the school is working to support some of the issues our teens are facing (stress, anxiety, depression) and what we as parents can do to help at home.

## Happy, Healthy, Almost Stress-Free College Planning and Success: For Parents and Students

**Tuesday, October 29, 7:00-8:30 PM**

**Cornog Auditorium (N)**

College is a BIG change with new challenges most students and parents never see coming. As a result, millions of students are struggling. New York Times bestselling author of the #1 book on college life, Harlan Cohen (*The Naked Roommate: And 107 Other Issues You Might Run Into in College* and *The Naked Roommate: For Parents Only!*) helps

students and parents know what's coming and how to create the best college experience.

## Junior Parent Nights (PHSC), November 6 & 7 (by advisory), 7:00-8:30 PM Gaffney Auditorium (W)

Topics will include: the counselor, student and parent roles through the process, a landscape look at college admissions, priorities and considerations for a comprehensive college search, standardized testing, anticipated timelines, and an overview of the New Trier post-high school counseling programs and services that will be provided to help students on this journey.

## Straight Talk: The Truth and Consequences of Teen Risk Behaviors

**Tuesday, November 12, 7:00-8:30 PM**

**McGee Theatre (W)**

We'll help parents sort fact from fiction when it comes to teen drinking, vaping, and other risky behaviors. Learn how New Trier supports students in making good choices and what parents can do to help. *This program will be videotaped.*

## Straight Talk: Follow Up Coffee

**Wednesday, November 13, 9:00-10:00 AM**

**Room C234 (N)**

Come continue the conversation, or join us even if you couldn't make the program the night before!



Sponsored by the

**New Trier**  
Parents' Association

For questions on any of the above programs please contact  
Junior Program Co-Chairs

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