



# NEW TRIER ROWING

## REGULAR SEASON PRACTICE SCHEDULE SPRING 2022

Begins Monday, March 14, 2022

<b>GIRLS</b>	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>
<b>V</b>	DRC 4-6:15 pm	RL 3:45-6 pm	DRC 4-6:15 pm	RL 3:45-6 pm or DRC 4-6:15 pm	DRC 4-6:15 pm	DRC 10-12 pm
<b>JV</b>	DRC 4-6:15 pm	RL 3:45-6 pm	DRC 4-6:15 pm	RL 3:45-6 pm or DRC 4-6:15 pm	DRC 4-6:15 pm or RL 3:45-6 pm	DRC 10-12 pm
<b>N*</b>	DRC 4-6:15 pm	NCH 3:45-6 pm	DRC 4-6:15 pm	NCH 3:45-6 pm	DRC 4-6:15 pm or NCH or RL 3:45-6 pm	DRC 10-12:30 pm
<b>BOYS</b>	<b>Mondays</b>	<b>Tuesdays</b>	<b>Wednesdays</b>	<b>Thursdays</b>	<b>Fridays</b>	<b>Saturdays</b>
<b>V</b>	RL 4-6:15 pm	DRC 4-6:15 pm	DRC 3:45-6 pm	DRC 4-6:15 pm	DRC 4-6:15 pm	DRC 7:30am-10am
<b>JV</b>	DRC 3:45-6 pm	DRC 4-6:15 pm	RL 4-6:15 pm	DRC 4-6:15 pm	DRC 4-6:15 pm	DRC 7:30am-10am
<b>N*</b>	NCH 3:45-6pm	DRC 4-6:15 pm	NCH 3:45-6pm	DRC 4-6:15pm	DRC 4-6:15 pm or NCH 3:45-6 pm	DRC 7:30am-10am

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\***NOVICES** can expect some tank and erg sessions to be held from 5:45-8 pm at the DRC on their regularly scheduled DRC days until spring break.

Booster Club photos will be held after school on **Friday, 3/18**, with location and exact time TBD.

Mandatory rower/parent meeting at Winnetka Large Cafeteria, **Tuesday, 3/15** from 7:00-8:00 pm. Parent gear sales and forms collected 6:30-7:00 pm.

Friday practices for JV and Novices typically alternate between boys and girls at the DRC and RL/NCH.