



## NEW TRIER ATHLETICS

### REGISTRATION INFORMATION *Class of 2029*

#### **Athletic Participation Registration:**

Registration for athletic participation can be accessed on the [New Trier Athletic Department Registration webpage](#). Students must complete a separate registration for each sport/season. Fall athletic registration will begin May 15th, 2025. Students not registered will not be allowed to participate in tryouts/practices. Please complete registration one week prior to the start of your season.

#### **Physical Examination Requirements:**

The *Illinois High School Association* requires all athletes to have a valid school physical on file with Health Services. **Physicals are valid for 395 days**. Physicals should be emailed to [northfieldhealth@nthshs.net](mailto:northfieldhealth@nthshs.net). If your physical expires during a season, you will be required to obtain a valid physical prior to the expiration date. For specific school physical requirements please visit [New Trier Health Services](#).

#### **Athletic Season Start Dates Per Sport:**

- **Fall Sports:** Begin the week of August 11, 2025. For specific start dates, times and locations of tryouts please see the web page of that sport.
- **Winter Sports:** Have various start dates beginning the week of October 27, 2025. For specific start dates, times and locations of tryouts please see the web page of that sport.
- **Spring Sports:** Boys Track and Field, Girls Track and Field begin the week of January 12, 2026. All remaining spring sports begin the week of March 2, 2026 or after. For specific start dates, times and locations of tryouts please see the web page of that sport.

#### **High School Summer School/Athletic Camps:**

Please visit the [New Trier Athletic Department website](#) and [Summer School Brochure](#) for details.

#### **New Trier Athletic Department**

**Winnetka Campus**

847 784-2225

**Northfield Campus**

847 784-7517

[athletics@nthshs.net](mailto:athletics@nthshs.net)