Academic Life 2025

Dance Division Information for 8th Graders and Their Families



There are Two Dance Class Options for All Freshmen:

KW 1/Dance is open to any student who would like to take dance to fulfill the KW requirement. Students switch between Dance & KW curriculum daily. Does NOT require a placement class.

KW 1/Freshman Dance 2 also fulfills the KW requirement. A placement class is required (see below). Performance opportunities include: Dance Days Northfield & Winnetka, Northfield Dance Ensemble Showcase, Dance Theater New Trier Spring Concert & the potential to audition for Kinesis.



Dance Placement Class #1: Northfield Dance Studio, F Building, F126 Friday, January 24th, 4:00–5:15. (Also offered 2/11; only attend one.) A modern dance class for all 8th graders who wish to be considered for the intermediate/advanced KW 1/Freshman Dance 2 class.



Dance Placement Class #2: Northfield Dance Studio, F Building, F126 Tuesday, February 11th, 4:00–5:15. (Also offered 1/24; only attend one.) A modern dance class for all 8th graders who wish to be considered for the intermediate/advanced KW 1/Freshman Dance 2 class. This is the second, and last, option for placement.



Pre-Register for the Placement Class with this QR Code. We also accept walk ins!



Dance Division Extra-Curricular and Performance Opportunities



YOU ARE INVITED...
The Dance Division will be offering a
FUN Day on February 8th and
Summer Dance Camps in June and August!
Follow @newtrierdancedivision on
Instagram for more details.

Northfield Dance Ensemble (NDE) is a performance group based on the Northfield Campus and is open to all students at New Trier. Rehearsals take place after school beginning in September. Fall athletes may also participate.

Kinesis Dance Company is a junior & senior advanced level dance ensemble based on the Winnetka Campus. Select freshmen from the KW 1/ Freshman Dance 2 class may be invited to audition!

Dance Theater New Trier Spring Dance Concert (DTNT) is a co-curricular performance group based on the Winnetka Campus and is open to all intermediate and advanced dancers, including freshmen in the KW 1/ Freshman Dance 2 class.

Dance Day is a New Trier tradition dating back to the 1970's.

Dance Day is an all-day, school-wide performance at both campuses.

Dance Lab Showcase: Dance Lab 2 is our capstone course in the art of choreography. Dance Lab students perform cutting edge work in an intimate environment.

Juniors and Seniors have an opportunity to apply for the National Honors Society for Dance Arts. Dance Division also offers an Ambassador leadership program.

Menz Dance Showcase is open to all students who take the Menz Dance Class at the Winnetka Campus.

Dance Division Webpage:





Contact Dance Coordinator, Katie Kritek, for more details: kritekk@nths.net