

POST-HIGH SCHOOL COUNSELING JUNIOR NEWSLETTER

SEPTEMBER/OCTOBER 2022

COMING UP THIS YEAR

Junior Post-High School Planning Night
November 14 or 17, 7-8pm
Gaffney Auditorium, Winnetka Campus
Click [HERE](#) for more details.

Throughout second quarter, counselors will be visiting advisories to provide guidance on the process and an overview of the road ahead. Students will be instructed on how to complete a self-reflection and data form which will serve as the foundation for our meetings. While our appointments first semester are reserved for assisting seniors through the application season, we hope students will reach out over email at any time with questions.

Individual meetings will begin second semester and continue throughout the rest of the school year. Prior to the meeting, parents/guardians will be invited to submit a reflection form about your student to share with the post-high school counselor. Details on how to schedule the family meeting through our online booking platform will be released as we get closer to that time. After the initial meeting, counselors conduct individual student follow-up meetings to provide ongoing support through the entire college search, application and decision making process.

PHSC IS NOW ON CANVAS

All students in the Class of 2024 are enrolled in our PHSC Canvas page. This resource is meant to be a one-stop resource hub for students for anything and everything related to their post-high school planning needs. We hope students will take time to acquaint themselves with the wide variety of resources available at their finger-tips in this site.

TESTING BASICS & UPDATES

The ACT and/or SAT align with a standard high school curriculum, and thus are intended to be taken during the spring of junior year through fall of senior year. Taking the test too early could yield less desirable results, and serve to increase anxiety around testing. Rest assured, students will have access to multiple national test dates throughout second semester, which can be viewed on the [ACT](#) and [CollegeBoard](#) sites. Many colleges have amended their requirements as it pertains to standardized testing. For a current list of colleges now offering a test optional route for admission, please click [here](#). The post-high school counseling department continues to monitor the evolving landscape of standardized testing to keep our families informed on the latest updates. **Please know when registering for an exam, the registration is handled by the testing agencies, thus New Trier has no ability to reserve seats specifically for our students.

For more New Trier specific information on tests, please review the attached communication that was emailed to families in July from the Testing Center. Click [here](#).

IN CASE YOU MISSED IT: Thirsty for more information on standardized testing? Check out the webinar we hosted last spring for tips on how to approach the testing process. Click [here](#) to view a recording.

NAVIANCE ACCESS

Naviance is a personalized, web-based tool designed to help students explore college and career options. Students can access admissions information, research scholarships, build a resume, and much more! If any student or parent was not able to activate their account, please email our department at phsc@nth.snet.edu for assistance in establishing your account.

We developed this brief [video tutorial](#) for instructions on how to access your account. Once you've logged in, if you'd like helpful tips on how to use Naviance, please view this [video demonstration](#) to learn how to navigate through the many resources available through this platform.

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FINANCIAL AID

If you are interested in getting a better idea of the cost of college and aid you may qualify for, check out these tools:

NET PRICE CALCULATOR

All colleges are federally mandated to have a Net Price Calculator on their website. To find an individual school's calculator, click [here](#). Completing this 15-20 minute exercise will provide you with an early read on what need-based or merit-based aid you might qualify for at this institution.

FEDERAL STUDENT AID ESTIMATOR

The FAFSA (Free Application for Federal Aid) cannot be completed until October 1 of the senior year, but the Federal Student Aid Estimator can be completed now to get an estimate of your eligibility for federal aid. Click [here](#) to access.

NEW TRIER POST-HIGH SCHOOL COUNSELING DEPARTMENT

The New Trier Post-High School Counseling Department is proud of the knowledge and expertise we have to provide to our community. Our strength lies in the collective experiences of our team which in turn we are then able to share with you, providing the best resources and guidance to navigate your individual and unique post-high school journey. We thought we'd share with you a few highlights of the great work being done by our staff:

175

**YEARS OF
EXPERIENCE**

IN HIGH SCHOOL &
COLLEGE COUNSELING

PRESENTERS AT THE ILLINOIS &
NATIONAL ASSOCIATION OF COLLEGE
ADMISSION COUNSELING ANNUAL
CONFERENCES

ILLINOIS ACT COUNCIL
MEMBER

ADVISORY BOARD DELEGATES FOR THE U OF
GEORGIA, DICKINSON COLLEGE, PROVIDENCE
COLLEGE, OHIO WESLEYAN UNIVERSITY,
U OF NEBRASKA, U OF TULSA, PURDUE U, U OF
IOWA, U OF PITTSBURGH, OHIO UNIVERSITY,

PARTICIPANT IN THE UNITED
STATES MARINE CORP
EDUCATORS WORKSHOP

ONE OF 15 COUNSELORS
WORLDWIDE TO SERVE ON
THE COMMON
APPLICATION OUTREACH
ADVISORY BOARD

CO-PRESIDENT OF THE LAKE
COUNTY COUNSELORS
ASSOCIATION

NCAA DIVISION 1
COLLEGE ATHLETE

23

**YEARS OF
EXPERIENCE**

IN COLLEGE ADMISSION
COUNSELING

CPS PATHWAYS TO
SUCCESS CONSULTANT

FACULTY MEMBER FOR THE
ACADEMY FOR COLLEGE
ADMISSIONS COUNSELING

PARTICIPANTS IN A MULTITUDE OF
PROFESSIONAL DEVELOPMENT PROGRAMS
FOCUSED ON EQUITY AND INCLUSION

LICENSED CLINICAL
PROFESSIONAL
COUNSELOR

NEED HELP? JUST ASK...

Contact your PHSC for support. Counselors work with the following advisory groups:

Jill Cervantes: cervantj@nth.netDoll, Kirsch, Sullivan
Heather Ecklund: ecklundh@nth.netBarabasz, Duell, Fergus, Malamuth, Torrisi
Kristen Graf: grafk@nth.netBond, Burns, A., Coy, Fassnacht, Garneau
Michael O'Connor: oconnorm@nth.netBushell, Hillhouse, Rotman, Trovato, Wright
Daniel Rogan: rogand@nth.netBoumstein, Horne, Immel, Lanham, Vaughan
Thomas Shorrock: shorroct@nth.netDrevline, Holderread, Kolososki, Pilewski, Schubert, Wininsky
Gretchen Stauder: stauderg@nth.netClemenz, Hill, Klein, Mauer, Nasshan, Niemi
Robert Zigmund: zigmundr@nth.netBehm, Butterly, Haak, Heidkamp, Tadelman

For general questions or assistance accessing Naviance, please email phsc@nth.net