



# 2025 New Trier Boys Soccer Tryout Info



***2025 Important Dates***	
Event	Date
2024-25 NTHS School Year Ends	Friday, 6/6
Summer Soccer Begins	Monday, 6/9
Summer Strength and Conditioning Begins	Monday, 6/9
Summer Soccer Ends	Wednesday, 7/3
Summer Strength and Conditioning Ends	Thursday, 7/24
<b>Soccer Tryouts Begin</b>	<b>Monday, 8/11</b>
2025-26 NTHS School Year Begins	Wednesday, 8/20
Season Opener vs. Palatine – All Levels	Monday, 8/25
Last Game – Frosh, Sophomore, and JV	Saturday, 10/18
Program Banquet	Monday, 10/20
IHSA 3A State Finals	Friday, 11/7 and Saturday, 11/8

Tryouts for the 2025 NTBS fall season begin on Monday, August 11, 2025.<sup>1</sup> All age groups will start their tryout at **7:00am** on the Northfield Campus. The first tryout session will include a fitness test (the Beep Test, or Multi-Stage Fitness Test) and additional small-sided activities. Later tryout sessions will evaluate offensive (dribbling, passing, receiving, shooting, etc.) and defensive (pressure, cover, tackling, heading, etc.) technical skills in 1v1, 2v1, and 2v2 scenarios as well as overall skills in small-sided and full regulation 11v11 games.

With the exception of returning varsity players, all athletes will begin tryouts with their age group (rising freshmen, rising sophomores, and rising juniors/seniors). Any movement of individual players to an older age group during tryouts will be at the discretion of the coaching staff and communicated to families privately.

Unquestionably, selecting teams is the most difficult part of every season. As a program, we plan to field five teams (Varsity, JV, Sophomore, Frosh A, and Frosh B) and will likely make cuts at all levels. We acknowledge that the tryout process can be challenging on many levels for athletes and their families. Please know that we, the NTBS coaching staff, will make every effort to ensure a safe, fair, and thorough tryout experience for all athletes. Final decisions regarding team selection will be made in a private conversation between an athlete and coach(es). Please also be aware of the following:

- **Players that do not attend tryouts are not eligible to participate in the 2025 Boys Soccer Season!**

<sup>1</sup> The Boys Soccer season calendar is set each year by the IHSA. For more information, please visit: <https://www.ihsa.org/Sports-Activities/Boys-Soccer/5Year-Season-Calendar>

- In order to participate in tryouts, each player must register **online** at least one week before the start of tryouts (i.e., Monday, August 4<sup>th</sup>, 2025) → <https://newtrierhs-ar.rschooltoday.com/>
- Soccer cleats, shin guards, athletic shorts, and an athletic t-shirt are required to play.
- Tryouts for ALL levels will be at the **Northfield Campus** (turf and/or grass fields)
- Final selections for all levels will be made no sooner than Wednesday, 8/13/25 (i.e., after Tryout Session #3) and no later than Friday, 8/15/25 (i.e., after Tryout Session #5).
- Rising seniors will **not** be selected for the JV team.
- Roster sizes tend to fall within the range of 18-22 players (includes GKs).
- Technical skill, tactical acumen, athleticism, and size are important factors in team selection, but so are our program values (i.e., leadership, “nails” mentality, positivity, competitiveness, and commitment)!
- Local club gear is not permitted during tryouts.
- Cross Country (Head Coach Matt Sloan) and Football (Head Coach Brian Doll) are options for athletes who are not selected for a soccer team.
- Good luck to everyone trying out!!!
- If you have any questions, please contact Head Coach Matt Ravenscraft
  - Email → ravenscm@nthsh.net
  - Office Phone → (847) 784-6673
- Please refer to the schedule below for the first TWO weeks of the soccer season (i.e., August 11—August 25).
- Note that this schedule is a subject to change at any point and players should confirm with coaches of their respective levels **every day** to ensure they know when and where to be for tryout sessions and training sessions!

## **Monday, August 11**

*Tryout Session #1: Check-in, Fitness Test (Running Shoes), and small-sided games (Cleats, Shin Guards)*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
7am—10am	Northfield Stadium (Turf)	ALL

## **Tuesday, August 12**

*Tryout Session #2*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
8am—11am	Track Field (Grass)	Freshman
8am—11am	Field 1 (Turf)	Sophomore
8am—11am	Stadium (Turf)	Junior/Senior

## **Wednesday, August 13**

*Tryout Session #3*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
8am—11am	Track Field (Grass)	Freshman
8am—11am	Field 1 (Turf)	Sophomore
8am—11am	Stadium (Turf)	Junior/Senior

## **Thursday, August 14**

*Tryout Session #4 (if required) -and/or- Training Session*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
8am—11am	Track Field (Grass)	Freshman
8am—11am	Field 1 (Turf)	Sophomore
8am—11am	Stadium (Turf)	Junior/Senior

## **Friday, August 15**

*Tryout Session #5 (if required) -and/or- Training Session*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
8am—11am	Track Field (Grass)	Freshman
8am—11am	Field 1 (Turf)	Sophomore
8am—11am	Stadium (Turf)	Junior/Senior

## **Saturday, August 16**

*Morning Training*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
8am—10am	Grids (Grass)	Freshman
10am—12pm	Northfield Stadium (Turf)	Varsity
8am—10am	Track Field (Grass)	Sophomore, JV

*Afternoon Training*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
3pm—5pm	Northfield	Varsity

## **Sunday, August 17**

**REST DAY - ALL LEVELS**

## **Monday, August 18**

*NO MORNING TRAINING*

*Afternoon Training: Program Training Session #1*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
3pm—5pm	Northfield (Turf, Grass)	ALL

## **Tuesday, August 19**

*NO MORNING TRAINING*

*Afternoon Training*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
3pm—5pm	Northfield (Turf, Grass)	ALL

**\*\*\*Mandatory Fall Sports Info Meeting, Gaffney Auditorium (Winnetka)\*\*\***

**TUESDAY, AUGUST 19, 5:00pm—7:00pm**

**Players – Parents – Coaches**

## **Wednesday, August 20 (First Day of Classes)**

NO MORNING TRAINING

*Afternoon Training*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
3pm—5pm	Northfield (Turf, Grass)	ALL

## **Thursday, August 21**

NO MORNING TRAINING

*Afternoon Training: SCRIMMAGE SCHEDULE*

<b>Time</b>	<b>Stadium (Turf)</b>	<b>Field 2 (Grass)</b>
4:00pm—4:40pm	Frosh A vs. Soph	Frosh B vs. Frosh B
4:45pm—5:25pm	JV vs. Soph	Frosh A vs. Frosh B
5:30pm—6:10pm	Varsity vs. JV	N/A
6:15pm—6:55pm	Varsity vs. Varsity	N/A

## **Friday, August 22**

NO MORNING TRAINING

*Afternoon training: Program Training Session #2*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
3pm—5pm	Northfield (Turf, Grass)	ALL

## **Saturday, August 23 (TEAM PICTURE DAY)**

*Morning Training*

<b>Time</b>	<b>Location</b>	<b>Level(s)</b>
9am—11am	Northfield Stadium (Turf)	Varsity

NO AFTERNOON TRAINING

## **Sunday, August 24**

**REST DAY – ALL LEVELS**

## **Monday, August 25**

**Season Opening Match vs. Palatine! (All Levels)**

**Each coach will issue their respective team's training schedules via email and/or the REMIND APP for Monday, August 25 and beyond (if not sooner).**